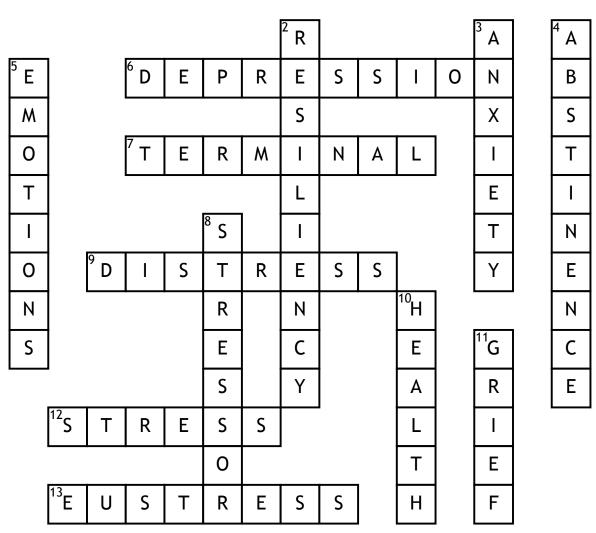
lame:	Date:	Period:
-------	-------	---------

## Mental and Emotional Health





## **Across**

- 1. Intentional taking of one's own life
- **6.** Feeling of being sad, unhappy, or discouraged
- **7.** An illenss that is incurable
- **9.** Negative stress
- **12.** Response of the body to the demands of daily living
- 13. Positive stress

## Down

- **2.** Being able to bounce back
- **3.** Feeling of dread, similar to fear
- **4.** Choosing not to engage in any risk behaviors
- **5.** Are feelings
- **8.** Is a source or cause of stress

- **10.** Quality of life that includes physical, mental, and emotional, family and social
- **11.** Discomfort and sadness caused by loss