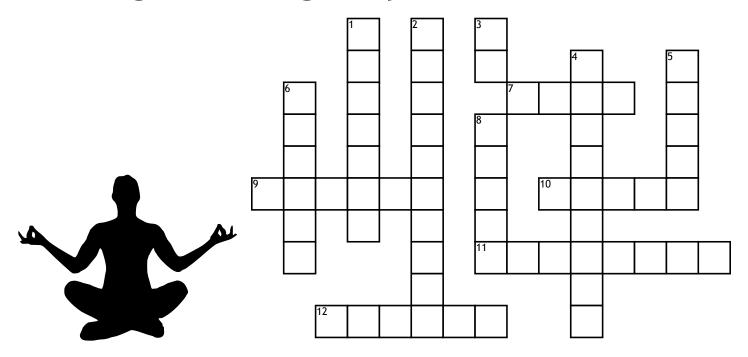
Name:	Date:	Period:

Yoga Things by Deacon W.



Across

- 7. Teacher or master of Yoga
- **9.** A chant that creates a positive transformation
- 10. Sun and Moon
- 11. "The Corpse pose"

12. Yoga postures and poses

Down

- 1. A respectful greeting
- 2. Focusing and Calming the mind
- **3.** First sound of creation
- 4. Breath awareness

- **5.** What is the position that has in influence on the energy of the body?
- **6.** Hissing Breath
- **8.** Tools to help you preform the Yogas