

Name: _____

Date: _____

Setting Goals

Satisfaction

Attainable

Measurable

Accomplish

Short term

Attitudes

Long term

Motivate

Relevant

Specific

Setting

Achieve

Bound

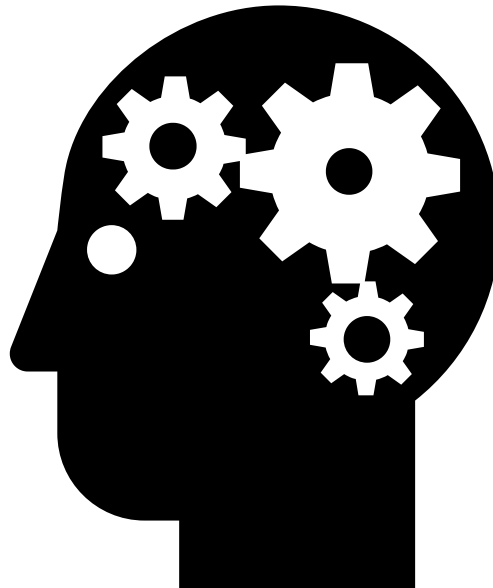
Smart

Plan

Time

Goal

Aim



H	J	E	I	F	B	C	K	S	T	E	V	E	I	H	C	A
F	J	F	F	L	L	T	M	O	T	A	K	V	U	X	X	S
S	N	O	I	T	C	A	F	S	I	T	A	S	W	Q	D	Z
T	V	U	N	L	R	I	T	Z	N	A	H	X	A	C	H	Y
Q	Z	E	W	T	R	E	T	P	G	Z	L	S	X	I	S	D
B	X	S	A	I	M	M	T	I	R	W	S	X	T	F	I	Q
S	S	H	V	Z	H	N	M	C	M	U	H	R	A	I	L	Q
S	D	L	R	H	A	D	R	O	S	E	R	C	H	C	P	O
H	I	Z	V	V	N	T	E	Y	E	F	P	H	B	E	M	M
M	D	P	E	U	A	T	T	I	T	U	D	E	S	P	O	O
N	H	L	O	B	L	Q	T	A	T	P	K	I	R	S	C	T
L	E	B	D	I	P	N	R	V	I	E	Q	M	G	R	C	I
R	K	T	E	Z	U	Z	O	H	N	N	O	F	W	E	A	V
Z	P	Z	O	L	G	Z	H	S	G	E	A	L	A	O	G	A
N	Z	G	G	Q	X	Q	S	T	V	M	C	B	Y	I	V	T
N	L	O	N	G	T	E	R	M	J	K	X	U	L	R	E	E
W	V	G	I	E	L	B	A	R	U	S	A	E	M	E	B	K