

Name: _____

Date: _____

Muscles Acting on the Wrist and Hand

W W P I I H C A R B S P E C I B C S K C Q E P T
O W Y U L S D U S F S V D J M F I U Q E X S A Z
S V P N Q S U R C Y S L E E S I I P V Y K I N P
O H C O F I H I D E L T O I D B H R U M S L R C
A A Y Y W R C R S D G G D N R M C A V U G A J E
S A Z I B A G B Q M N U K A J W A S I R J I P X
Q B H U I L V A I P K X C T H K R P B O S D F T
G I T W Z U J A K Y O H X M X V B I R T W A H E
C L K B H P T Z Y M I K F X G X S N P I B R Q N
R U L M P A W C M A K U V R M F P A W G R I U S
G F S N I C A D L Y A U M W U S E T B I A P Q O
N G U Z N S N I O Y R D T A G R C U L D C R Y R
E P T C V B S T E T J F D Q R A I S K R H A I C
W B A Z F U V N I K A I Z T U J R R Q O I C X A
R O N I M S E R E T L K H K Y X T Y K S O R D R
V T I A Q U S E R E T R O T A N O R P N R O X P
A B P P E C T O R A L I S M A J O R T E A X S I
L Y S W F L J O M M V L X H H H F J E T D E B U
E C A I S R O D S U M I S S I T A L B X I L K L
X I R Z I X H A D T T P K X I F U V U E A F S N
J Z F Z K U H F F C T P I Z S M V F A R L Y Y A
U F N X Z F L D R W I J L Q V G G K M V I U X R
F L I O V M P V K G R I G S G P F M B E S L Y I
M X C F L E X O R C A R P I U L N A R I S B A S

Extensor Carpi Ulnaris
Extensor Digitorum
Triceps Brachii
Pronator Teres
Supraspinatus
Deltoid

Flexor Carpi Radialis
Pectoralis Major
Brachioradialis
Infraspinatus
Teres Minor

Flexor Carpi Ulnaris
Latissimus Dorsi
Biceps Brachii
Subscapularis
Brachialis