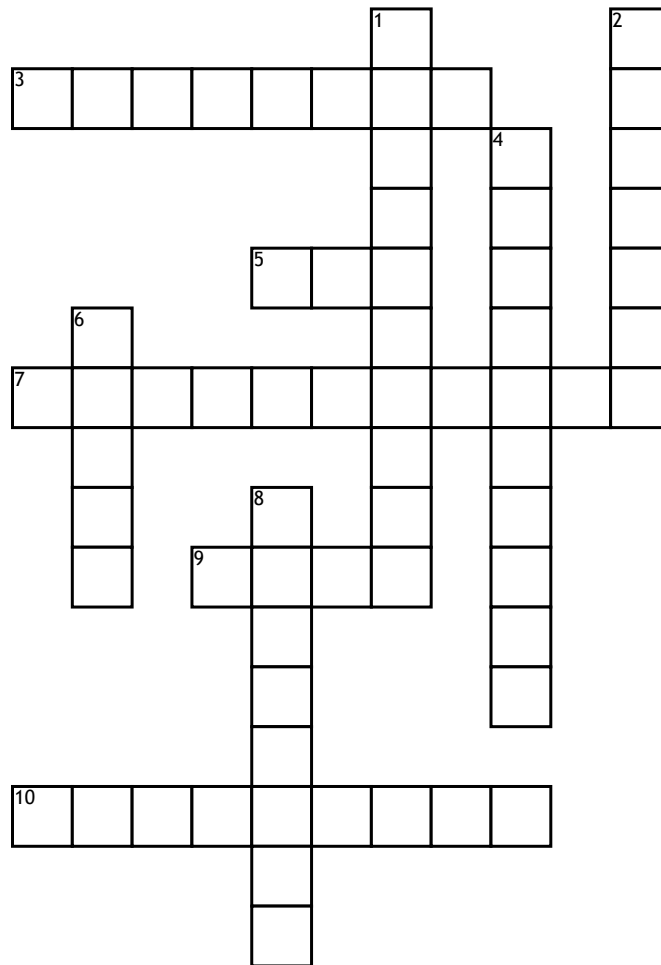
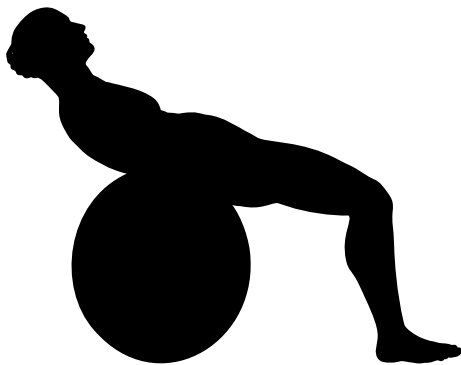


Name: _____

Date: _____

Self-Esteem



Across

3. Low self-esteem may keep a person from _____ life.
5. The most important person who develops your self-esteem is _____.
7. _____ is the way you see and imagine yourself as a person
9. People who encourage you and give you support will help you feel _____ about yourself.
10. _____ is the way you see and imagine your body.

Down

1. Your level of self-esteem is _____ by the people around you.
2. People who do not _____ you may lead you to develop low self-esteem
4. _____ is a measure of how much you value, respect, and feel confident about yourself.
6. _____ can influence your self-esteem.
8. People who have low self-esteem often think they have no _____ traits.