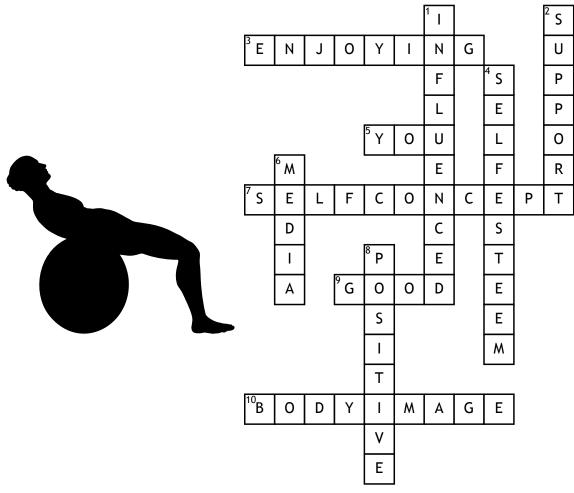
Name:	Date:
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## Self-Esteem



## **Across**

- **3.** Low self-esteem may keep a person from \_\_\_\_\_ life.
- **5.** The most important person who develops your self-esteem is

7	is the way you see
and	imagine yourself as a person

- **9.** People who encourage you and give you support will help you feel \_\_\_\_\_ about yourself.
- **10.** \_\_\_\_\_ is the way you see and imagine your body.

## Down

- Your level of self-esteem is \_\_\_\_\_ by the people around you.
- 2. People who do not \_\_\_\_\_ you may lead you to develop low self-esteem
- **4.** \_\_\_\_\_ is a measure of how much you value, respect, and feel confident about yourself.
- **6.** \_\_\_\_ can influence you self-esteem.
- **8.** People who have low self-esteem often think they have no \_\_\_\_\_ traits.