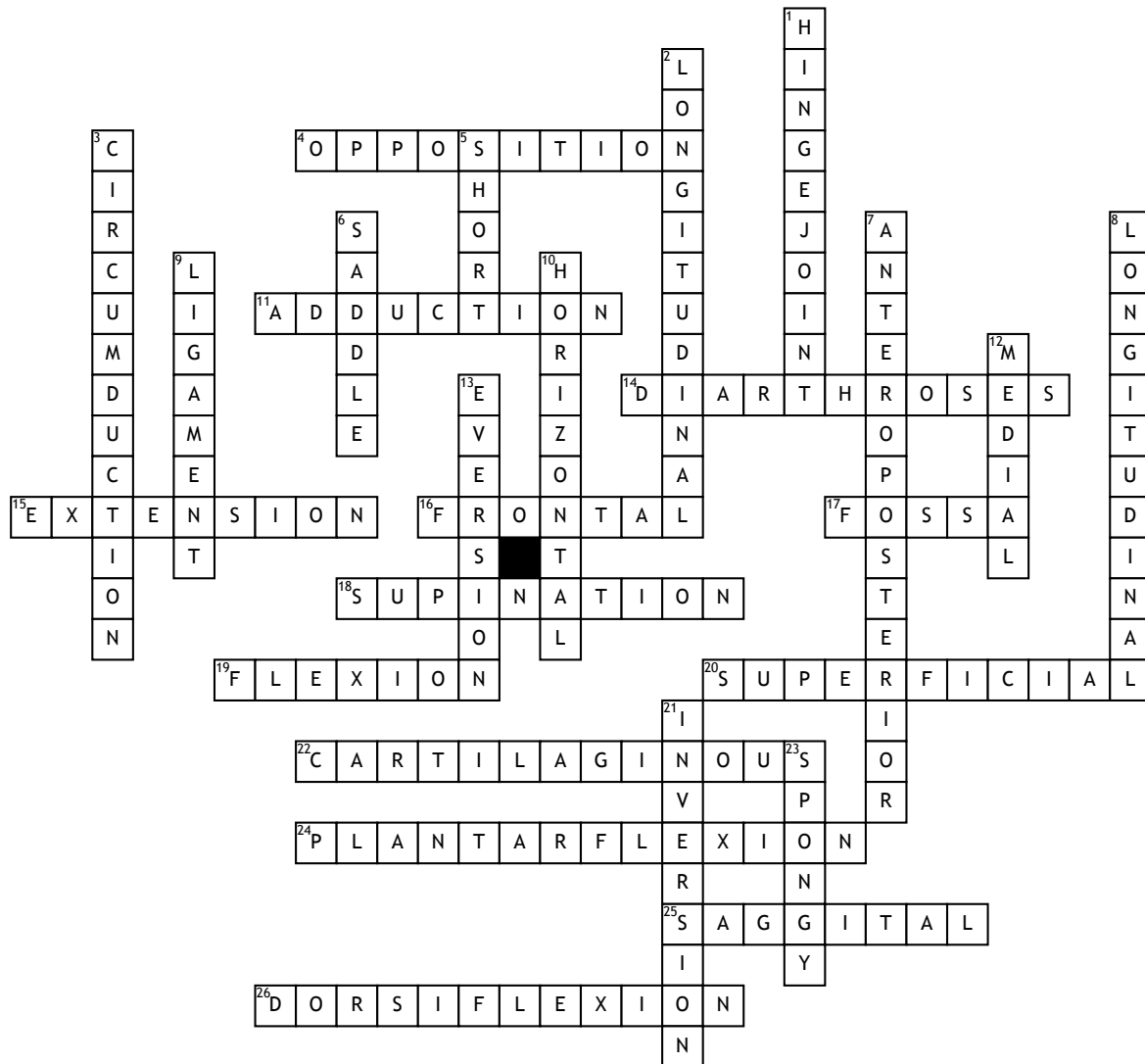


Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Kinesiology Anatomy Puzzle



## Across

4. Bringing your thumb towards fingers is
11. Moving a segment towards midline of body
14. Joint classification according to motion allowing greatest amount of movement
15. Straightening out your leg at the knee is an example of
16. This plane cuts the body in front and back
17. A depression in or on a bone is
18. Holding a bowl of soup is an example of
19. When your biceps curl at the elbow is an example of

20. The ribs are \_\_\_ to the lungs

22. intervertebral discs are an example of a joint with this type of material allowing limited movement

24. "Planting the foot"

25. A front roll happens on this plane

26. Bringing top of foot toward shin

## Down

1. This joint moves along one axis and includes knee, elbow.

2. The \_\_\_ axis is perpendicular to the transverse plane

3. Circular motion of limbs

5. The wrist and ankle bones are \_\_\_ bones

6. This type of joint is biaxial where the bones are set together like sitting on a horse

7. Cartwheels and jumping jacks occur around the \_\_\_ axis

8. A figure skater spinning is rotating on the \_\_\_ axis

9. Connects bone to bone

10. The \_\_\_ axis passes through the body from side to side

12. The ulna is \_\_\_ to the radius

13. Elevation of lateral edge of foot

21. Ankle sprains are most commonly caused by this type of movement

23. This type of bone helps with shock absorption