Carbohydrates

Across
1. A substance that tastes sweet but has few or no calories is called a
   ______ _______.
7. What is a carbohydrate with a more complex chemical structure than a sugar?
8. What is a the body's main source of energy?
9. What Carbohydrate requires more work for the body to digest?
10. A __________ is a sugar made up of several monosaccharides
11. A sugar with a single chemical unit is called a...
12. __________ is the process by which plants use the sun's energy to convert carbon dioxide and water to oxygen and glucose.

Down
2. What do you call a carbohydrate with a simple chemical structure?
3. A sugar made of two monosaccharides is called a...
4. What is plant material that can't be digested?
5. A sugar that extracted from plants and used to sweeten foods is an   ______   ______.
6. What is the form of carbohydrate that supplies energy to the body?

Word Bank
Sugar Substitute  Simple Carbohydrate  Photosynthesis  Sugar
Monosaccharide  Added Sugar  Dietary Fiber  Starch
Carbohydrates  Polysaccharide  Disaccharide  Complex Carbohydrate