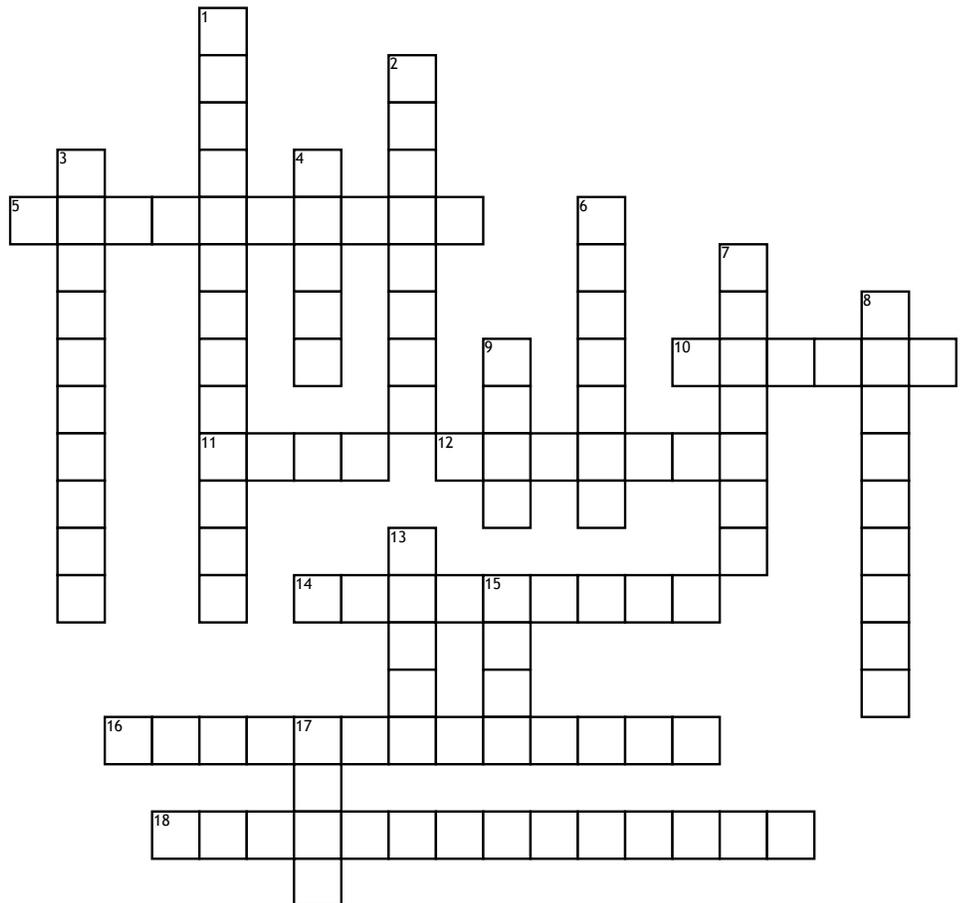


Chapter 30 Grains

Across

5. ? means that the product is made from the whole wheat grain
10. ? are plants in the grass family cultivated for their fruits or seeds
11. ? is the starchy seed of plants grown in flooded fields in warm climates
12. to cook ? is to cook so that the pasta is firm to the bite, rather than soft and mushy
14. ? is any bread that is unleavened, or made without leavenings
16. which type of rice is the most popular in the United States
18. which type of rice has the highest starch content



GRANOS
DE SÉSAMO

Down

1. ? is bread made with a leaving agent, such as yeast or baking powder
2. pasta includes ?, which is made from durum wheat flour and water
3. ? products, including whole-wheat flour and whole-grain breakfast cereal, are made of the entire kernel and so contain most of the original nutrients
4. ? is one of the oldest cereal grains
6. ?, which have egg solids added for tenderness
7. ? grains produce many small, separate dry fruits called
8. the ? is the largest part of the kernel, which is made of proteins and starches that supply the plant with food
9. some grains are covered with an inedible outer coat called the ?, which is removed after harvesting
13. ? is an Italian word meaning "paste"
15. the ? is the edible, outer layer of the kernel
17. the ? is the seed that grows into a new plant