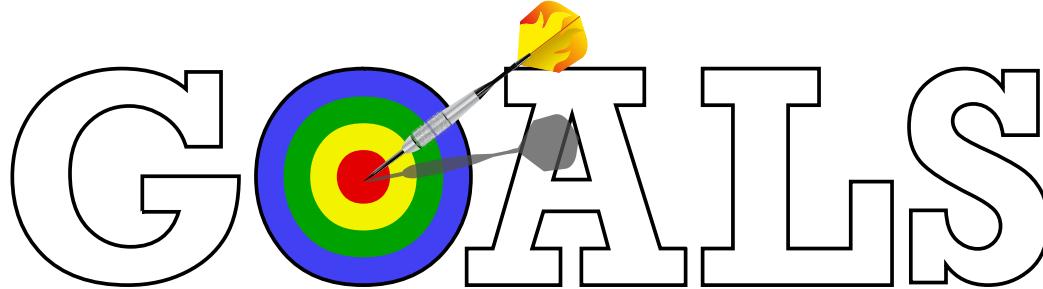


Smart Goals



B	Q	I	Z	Q	V	O	D	E	N	I	F	E	D	D	U	H	S	Q	I	K	H	M	T					
Q	M	B	I	G	O	R	E	A	S	O	N	A	B	L	E	N	B	U	W	P	B	E	R					
L	K	C	H	V	X	J	W	H	F	O	D	R	T	M	P	T	N	A	V	E	L	E	R					
A	I	Y	T	C	S	I	N	U	O	D	R	E	A	M	D	H	P	N	U	X	X	D	Y					
Y	E	L	T	A	N	G	I	B	L	F	G	V	U	R	Q	S	H	S	B	F	R	K	M					
N	S	N	D	Q	J	A	L	K	P	I	T	W	L	V	S	F	L	E	X	I	B	L	E					
S	C	J	F	S	S	I	Y	O	E	M	E	A	S	U	R	A	B	L	E	V	A	P	S					
X	S	H	S	E	K	R	O	T	TIME	BOUN	D	X	F	F	I	R	V	S										
W	U	L	E	R	D	W	C	Z	C	I	T	S	I	L	A	E	R	V	I	R	A	X	W					
N	E	L	M	U	C	G	F	H	T	L	A	E	H	X	C	Y	K	Q	F	A	E	S	P					
Z	D	N	R	T	X	S	Z	F	J	N	S	R	S	S	E	N	I	S	U	B	L	O	Y					
S	O	A	G	U	B	W	E	P	F	D	W	P	T	I	T	W	Q	B	Z	B	C	W	L					
G	D	L	U	F	P	E	R	S	O	N	A	P	S	O	N	A	W	G	X	X	I	V	E	C	B	D	L	
B	T	P	R	K	E	F	U	E	M	A	R	F	E	M	I	T	C	Q	B	M	E	C	N					
C	D	N	X	E	B	B	Q	M	E	C	K	S	W	J	W	H	F	Y	E	S	G	Z	P					
P	W	O	D	A	A	I	K	L	B	M	F	U	W	R	Q	I	G	Z	I	H	X	P	J					
Q	Y	I	N	W	N	E	B	H	Q	S	N	X	R	F	I	A	Y	G	X	F	E	L	Q					
E	Z	T	T	W	M	A	S	P	E	C	I	F	I	G	T	N	W	D	J	X	F	O						
M	L	C	L	I	V	L	P	G	K	H	M	D	C	K	R	N	T	K	L	S	Z	F	V					
J	C	A	Q	E	G	T	P	V	B	Y	N	O	I	S	I	V	X	E	L	H	B	X	K					
S	W	U	I	C	L	E	B	A	N	I	A	T	T	A	A	E	M	N	Z	J	C	M						
C	B	H	S	C	H	O	O	Q	V	J	M	M	O	W	X	Z	K	V	W	K	I	A						
O	C	X	E	P	E	M	O	E	I	O	J	W	N	J	U	Y	O	Y	N	G	S	I	A					
A	D	L	P	V	B	T	Q	F	U	J	J	O	D	Y	K	Q	E	K	U	H	I	G	M					

achievable
action plan
reasonable
attainable
time frame
time bound
measurable
realistic
specific
flexible
tangible
personal
business
relevant
design
defined
written
future
vision
health
school
clear
dream