

Name: _____

Date: _____

creative and therapeutic Activities

X O R T G P E T J O P L C I V K P X V L G M X P
T G Z F G V M I L A I C O S J E Y L X B S W O H
U N P T C Y O S N Q O A V Z O Q Q W A L K I N G
F I H U X P T A S T R Y M D G C S Q D A Q X G F
N W Y F M T I R Q T E O O F E A X L Q O I E N Y
Y A U M R D O B S S V L M P Y T K Z Y N G O I C
R R E G E Z N V H E I M L A Y S K W U A U S N W
Q D H M E U A U M T S O G E F N N R S Q Q L E N
V W I V P X L E V A K N U I C G R S Q Y F J D A
T V H Z F I N N M T I P D E Y T A F D F A L R B
V F T Q O T T F J M I C A B C M U Q E A G U A J
G N A J E N G M M L I A N X I Q J A B Q K Z G U
Z O J R T P R I A G S L C Y T Y I W L O U Q E E
B G Q I C C W T R D B N I Y U Z K C L P F E P H
W K N L Z S E G H V B H N O E O P A A A D U X W
Y N W I A S D J R T F O G Z P K D T C O E Y P V
O W C D D Y M N P N L V S F A N S V I K S K M F
N Q L T S A H E I U S U R N R I G Z S F A C I T
R G Z S N U E H M H X K N G E T K S Y T Z N E R
D Y E X D P F R Q B A A L M H T W A H L J Z Q F
N M F A C C Z E O A R S U I T I R L P H L V I J
G U Y V M X W D B U H O P Z V N D T I D W J Y F
F G N I T N I A P B F E K K K G U K X W T B E P
C R E A T I V E E C I F E F Q C Q O A W F X B D

intellectual
physical
painting
walking
social

therapeutic
movement
creative
massage
craft

emotional
swimming
pilates
reading
messy

gardening
knitting
dancing
drawing
arts