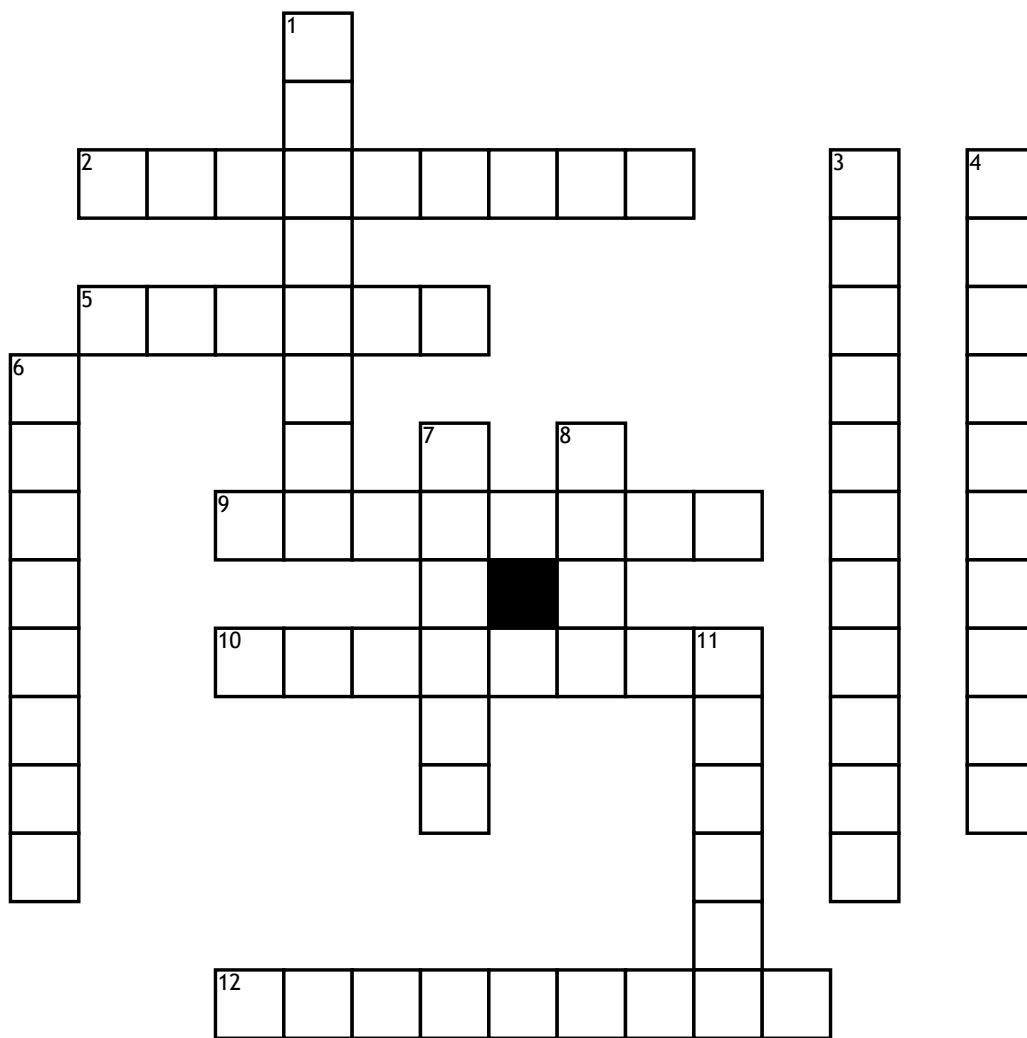


Name: _____ Date: _____ Period: _____

Grade 6 Health Chapter 1 Vocabulary



Across

2. The way in which you express your feelings.
 5. The way that you cope with the demands of daily life.
 9. It is the passing of traits from a parent to a child.
 10. A state of good health that is achieved by balancing physical, emotional, mental and social health.

12. A set of behaviors by which you live your life.

Down

1. The way in which you act, think or feel that causes you to make certain choices.
 3. It is all of the living and non-living things around you.
 4. Taking steps to prevent illness and accidents before they happen.

6. Part of your health that deals with the condition of your body

7. Condition of your physical, emotional, mental and social well-being
 8. Skills that help you deal with situations that can affect your health.
 11. The way you interact with people.

Word Bank

Mental
 Physical
 Health

Wellness
 Social
 Attitude

Emotional
 Preventive
 Environment

Life
 Heredity
 Lifestyle