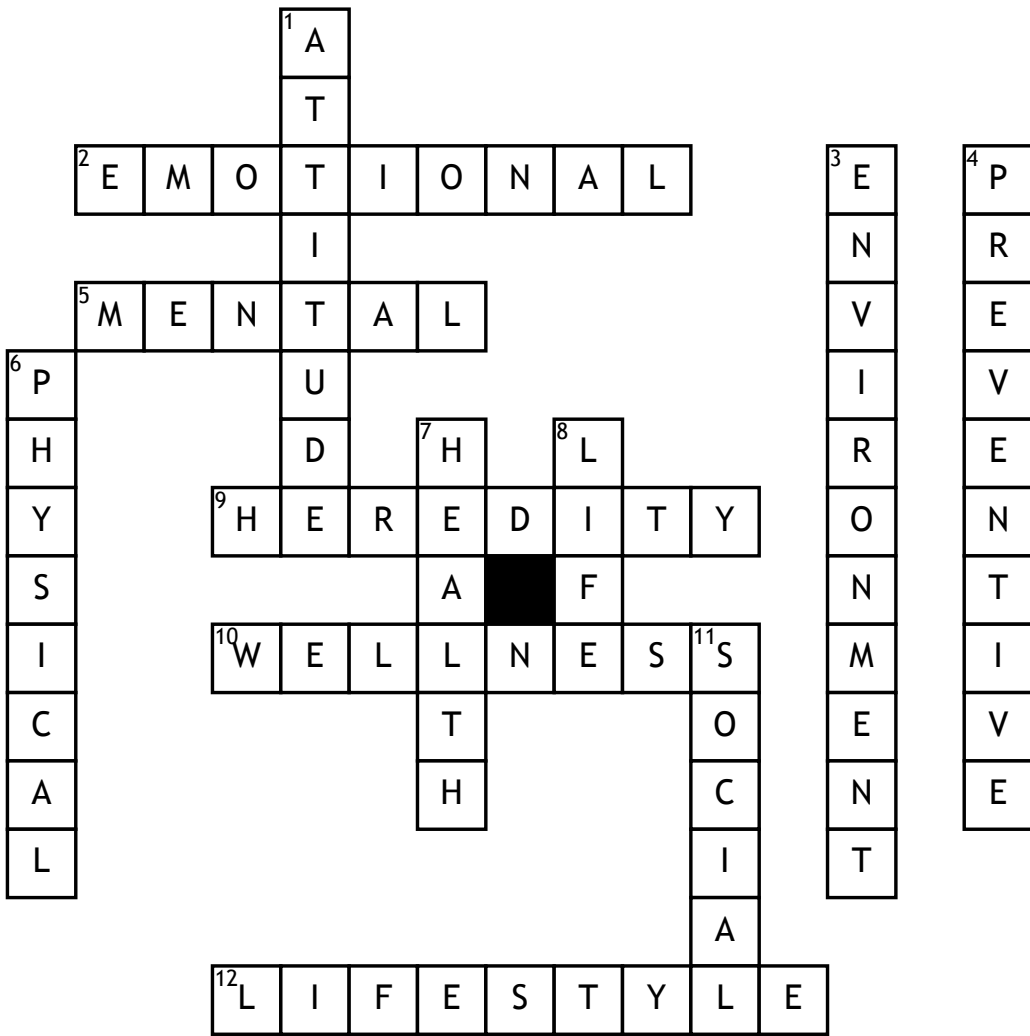


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# Grade 6 Health Chapter 1 Vocabulary



### Across

2. The way in which you express your feelings.
5. The way that you cope with the demands of daily life.
9. It is the passing of traits from a parent to a child.
10. A state of good health that is achieved by balancing physical, emotional, mental and social health.

**12.** A set of behaviors by which you live your life.

## Down

1. The way in which you act, think or feel that causes you to make certain choices.
3. It is all of the living and non-living things around you.
4. Taking steps to prevent illness and accidents before they happen.

- 6. Part of your health that deals with the condition of your body**

7. Condition of your physical, emotional, mental and social well-being
8. Skills that help you deal with situations that can affect your health.
11. The way you interact with people.

## Word Bank

Environment  
Hereditry  
Wellness

# Preventive Mental Life

Health  
Social  
Physical

Lifestyle  
Emotional  
Attitude