

Harmony Healthcare- Mental Health Awareness Wellness

M F F Z F I C B C A J V X R M E D I T A T I O N
 E P L A O G H Z A C W W X P D T Z C T F X I G T
 N V H V W S D J L E S O P R U P C R J G R R A S
 T L A A A S I S M P U D E N P W A Z Q E F E G Z
 A D Z F M E S I E Q E A Y A X N R M A C U L E U
 L L N Y Y N C L S C M A O C Q B E W E N T W V T
 X O S I F L O E S S O E C U P P L S C E U R S H
 T I C G M L V N T Y G U I E W F A S A I R N E O
 V M I F H E E C W A N L P I F X X F P T E B L U
 P I E N U W R E Y X I I X Y V U B M S A U Y F G
 B R W T S P R O Q T N P B E Y Y L B O P N X A H
 Z A O W I P V G Y E R U T S O P D I N O P D P T
 P C X N A U I A L L U F R E W O P O M K R K P S
 W L W S F G Q R D N Y T U A E B E R B Y C E R G
 S E H A P P Y V E Y O T R U S T A V I C E B E P
 S S G M Z K R T F A D P T S S H C X O V F M C Y
 E V G K R Y U J S R I N V L M O L W I L E T I C
 C Y N H B O B P U K E I E H U E U T W R G R A E
 C C R C E O I Y C M S X B Z L E I L Q D F U T V
 U T Z M P R P H Y S I C A L W S Q J S J Y T I E
 S H I E I N A O E L B A T R O F M O C G G H O I
 E T N T U N J I T J Z F I P E Q Y C E H U Y N L
 U M V F G N T U B P F T S E N O H T A E R B Y E
 H W E E E G N I T F I L P U F L E S E N O L Z B

Selfappreciation	Tranquility	Comfortable	Meditation	Uplifting	Enjoyment
Wellness	Thoughts	Powerful	Positive	Physical	Peaceful
Patience	Miracles	Discover	Timeout	Success	Silence
Purpose	Posture	Oneself	Inspire	Harmony	Believe
Voyage	Spirit	Mental	Honest	Future	Dreams
Change	Breath	Beauty	Truth	Trust	Space
Relax	Quite	Happy	Soul	Open	Mind
Love	Goal	Free	Calm	Body	Fun