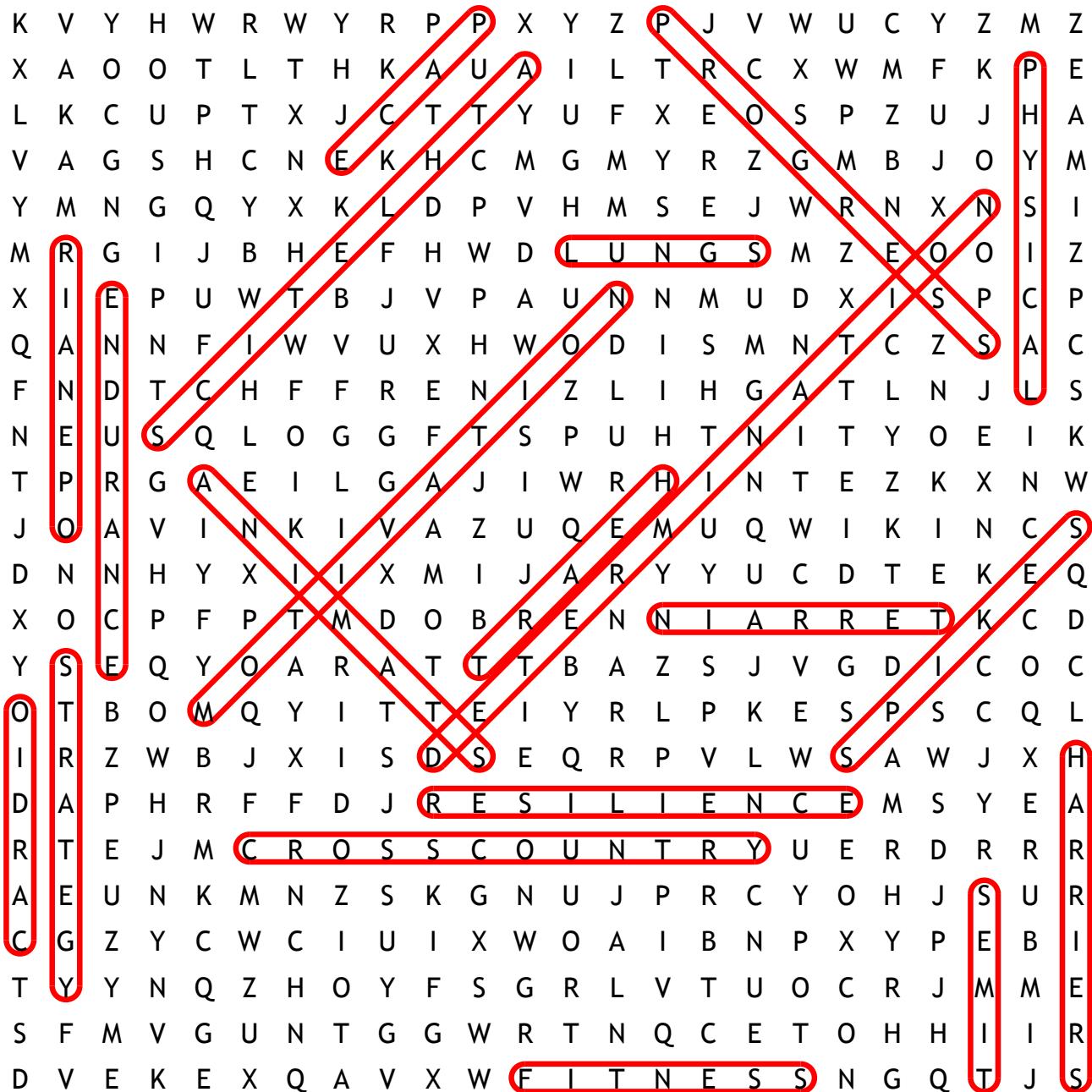


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Cross Country



determination  
motivation  
strategy  
fitness  
times

cross country  
endurance  
progress  
stamina  
lungs

athletics  
harriers  
physical  
spikes  
heart

resilience  
open air  
terrain  
cardio  
pace