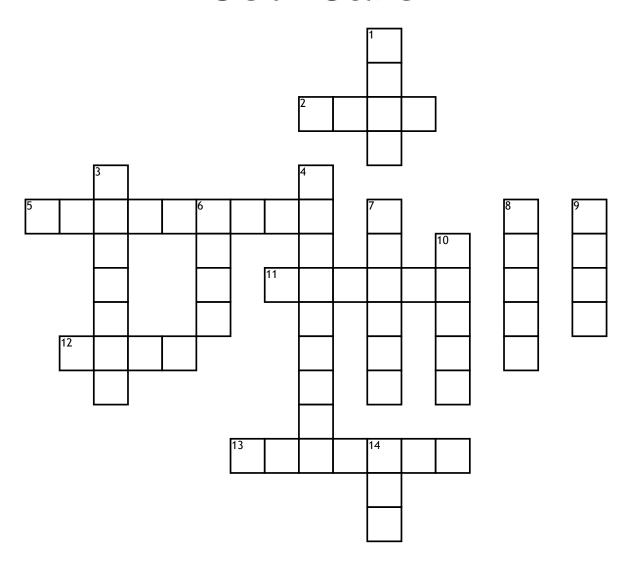
Name: \_\_\_\_\_\_ Date: \_\_\_\_\_

## Self Care



## **Across**

- 2. Eat Comfort
- **5.** Do a
- **11.** Try a new
- **12.** Enjoy a bubble
- 13. Deep

## **Down**

- 1. Read a
- 3. Keep a
- 4. Go On An
- 6. Go For A
- 7. Text a
- 8. Listen to

- **9.** Snuggle A Certain Duchess
- 10. Make Sure To
- 14. Make A Cup Of