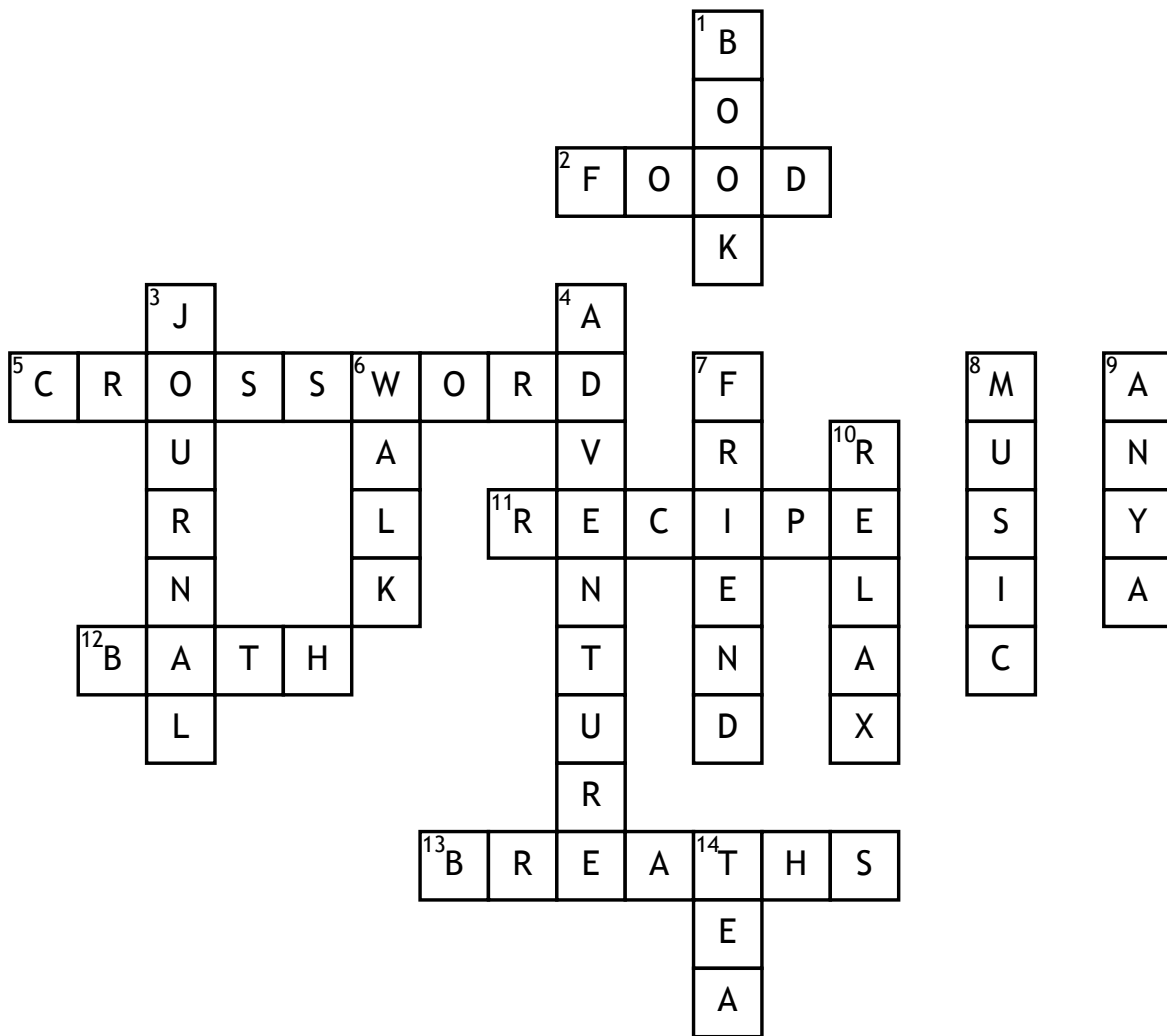


Name: _____

Date: _____

Self Care



Across

- 2. Eat Comfort
- 5. Do a
- 11. Try a new
- 12. Enjoy a bubble
- 13. Deep

Down

- 1. Read a
- 3. Keep a
- 4. Go On An
- 6. Go For A
- 7. Text a
- 8. Listen to

- 9. Snuggle A Certain Duchess
- 10. Make Sure To
- 14. Make A Cup Of