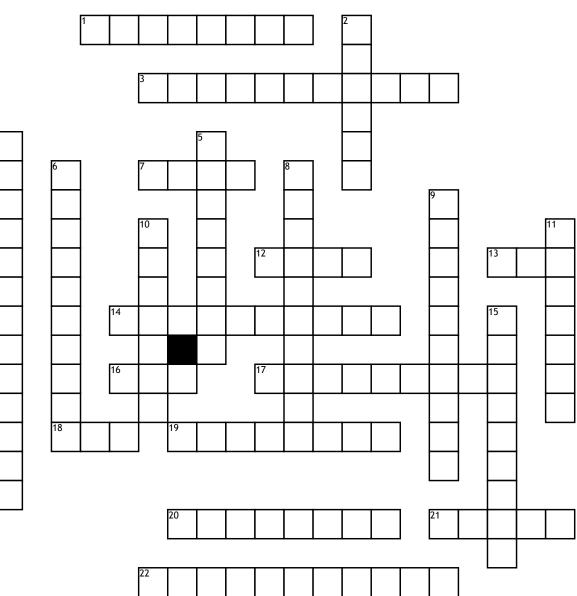
Abnormal Psychology



<u>Across</u>

1. ____ therapy- gradually exposing the person to the real anxiety-producing situations until the anxiety decreases

3. Anxiety about being in places or situations from which escape might be difficult or embarrassing if a panic attack happens

7. About ____ of people will develop at least one mental disorder in their lifetime.

12. Disabling condition that results from personally experiencing an event that involves actual or threatened death or serious injury from witnessing or hearing of such an event

13. <u>5</u> describes a uniform system for assessing specific symptoms and matching them to mental disorders

14. ____ disorders- recurring, multiple, and significant bodily symptoms that have no physical causes

16. Characterized by excessive or unrealistic worry about everything

17. irrational beliefs that have no basis in reality

18. _____ involves placing electrodes on the skull and administering mild electric current through the brain

19. Presence of two or more distinct identities or personalities is dissociative $__$ disorder

20. The social norms approach says that behavior is considered _____ if it deviates greatly from accepted social standards

21. Those that suffer from antisocial personality disorder disregard the rights of others without _____
22. OCD, avoidant, borderline, antisocial, and schizotypal are all _____ disorders

Down

2. Intense or irrational fear that is out of proportion to the possible danger of the object or situation

4. ____ is a serious mental disorder that lasts for at least six months and may include delusions, hallucinations, disorganized speech and behavior, and decreased emotional expression

5. A <u>diagnosis</u> is the process of matching an individual's symptoms to a particular mental disorder

6. Instability in personal relationships, self-image, and emotions is __ personality disorder.

8. characterized by little or no emotional responsiveness when an emotional reaction would be expected

9. Cognitive-___ therapy involves changing negative thoughts by substituting positive ones and limiting disruptive behaviors

10. <u>__</u> disorder is marked by fluctuations between depression and mania

11. Dissociative _____ is characterized by inability to recall important personal information or events and is usually associated with stressful or traumatic events

15. _____ disorder is characterized by being chronically but not continually depressed for a period of two years