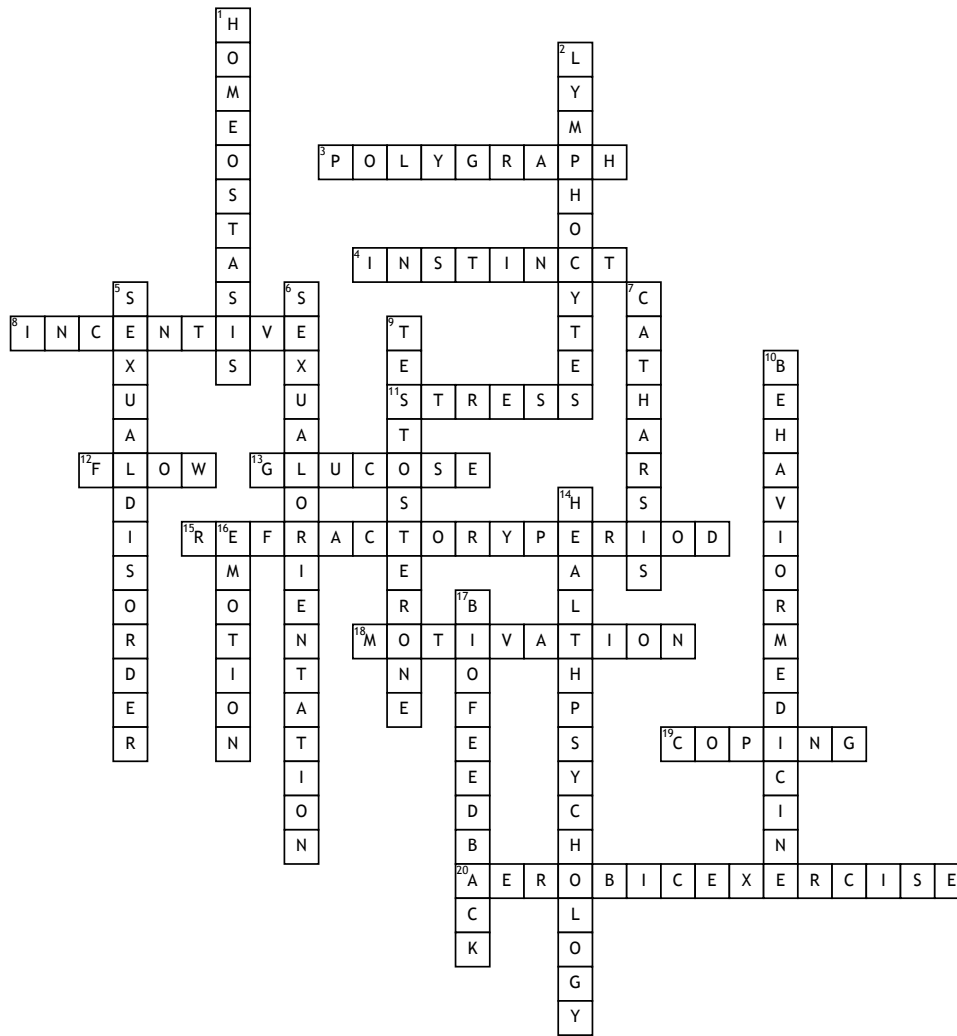


Psychology Chapter 11 & 12



Across

3. a machine, commonly used in attempts to detect lies
4. complex behavior that is rigidly patterned throughout a species and is unleashed
8. positive or negative environmental stimulus that motivates behavior
11. the process by which we perceive and respond to certain events, called stressors, that we appraise as threatening or challenging.
12. a completely involved, focused state of consciousness, with diminished awareness of self and time, resulting from optimal engagement of one's skills
13. form of sugar that circulates in the blood and provides the major source of energy for body tissues

15. a resting period after orgasm, during which a man cannot achieve another orgasm

18. a need or desire that energizes and directs behavior

19. alleviating stress using emotional, cognitive, or behavioral methods

20. sustained exercise that increases heart and lung fitness; may also alleviate depression and anxiety.

Down

1. a tendency to maintain a balanced or constant internal state

2. the two types of white blood cells that are part of the body's immune system

5. problem that consistency impairs sexual arousal or functioning

6. an enduring sexual attraction toward members of either one's own sex

7. emotional release

9. the most important of the male sex hormones

10. an interdisciplinary field that integrates behavioral and medical knowledge and applies that knowledge to health and disease.

14. a subfield of psychology that provides psychology's contribution to behavioral medicine.

16. a response of the whole organism, involving (1) physiological arousal, (2) expressive behaviors, and (3) conscious experience

17. a system for electronically recording, amplifying, and feeding back information regarding a subtle physiological state, such as blood pressure or muscle tension.

Word Bank

refractory period

sexual disorder

Instinct

Stress

Homeostasis

Flow

Emotion

lymphocytes

Incentive

health psychology

Coping

Polygraph

aerobic exercise

sexual orientation

Glucose

Catharsis

biofeedback

Testosterone

Motivation

Behavior medicine