

Name: _____

Date: _____

Ninja Sport Floor

C G P W G L W Q F S V J T W J U B
X G C U H W C R O U N D O F F Z C
E B S H O U L D E R R O L L N I H
O A L C X S I D E F L I P L U L A
K C F A N B R S D E N Z F C G P N
H K J R D E W Z F H K L C M F U D
B H T T K L G P E V B Y L L K N S
A A K W Y F R N P P A D G O X C T
C N Z H K M O A V P R I K F F H A
K D C E T K K B X A A V U G N F N
T S V E Y M A M Y S N E D Z A R D
U P P L N G H W Q R I R I W V O R
C R B A C K W A R D R O L L V N N
K I Y I F O Y X X O Q L B D Q T Q
J N M G I B E D H I I L Z P B V Y
T G L O J Q T Y O O M Y V D O C I
A F R O N T H A N D S P R I N G N

Front handspring

Back handspring

Backward roll

Shoulder roll

Punch front

Side flip

Back tuck

Dive roll

Round off

Handstand

Cartwheel

Barani