Name: _____ Date: _____

healthy diet

K R U J G F R A J M H K L C P W C C T T O U F T
Q M W S S Z N F I W K T X H D P G C X G O M F N
A P S X E O N X T S R J F O T U B S E Y G W C M
C V H U T V S D P N K F O N Q L O H Z S I P X D
Q B D O A W G K S W C F R U S F A J M K N V F M
Z Q G W R W T F F S H T R E C C R E S C N M C E
E N I E D P U I L S E B C Q T V J U H M X A T T
S Z K L Y F T A J A R Y C E S A M U I O H L D V
U E L T H J U T A P R V Z W J K W E U T X M C F
Y O I J O W A L Q E I Y K E T Z F J N Y Q K T X
P D M S B F A O D J E U W F G D I S C W N V O S
U P Z F R D Z D V M S E C J J U G T X L Z G X V
M R D I A T A H T M F E O H P E R R S I L U B J
H B X R C H J T F T H H I K I C Y A E M F C D Z
Q A J U F G F X L B F H O W M C Z W C N B R G H
E N I T A P Q W L B T J S W D T K B P X Y L X O
W A Y Z H O E S B N N B E G U M A E N X N I R Z
C N A X W W N U A Z W C L C A E A R N V X A J Y
Y A O U J B P V G V G W B D Y C A R O X L E N U
T S R A W Q K P V N B D A K O I R I A P P L E S
P T U R V O R G A N I C T H V R N E U X J E O T
C N Z D O Z O B W Q Z C G J O W D S S E Y E A F
O P C B R T B E I K J S E M G R U X O S M O J M
R D I B V J W Z C Z D O V Q V K H F R I K Y D G

carbohydrates
cherries
bananas
health
rice
strawberries
chicken
carrot
water
milk
vegtables
organic
apples
fruit
food

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