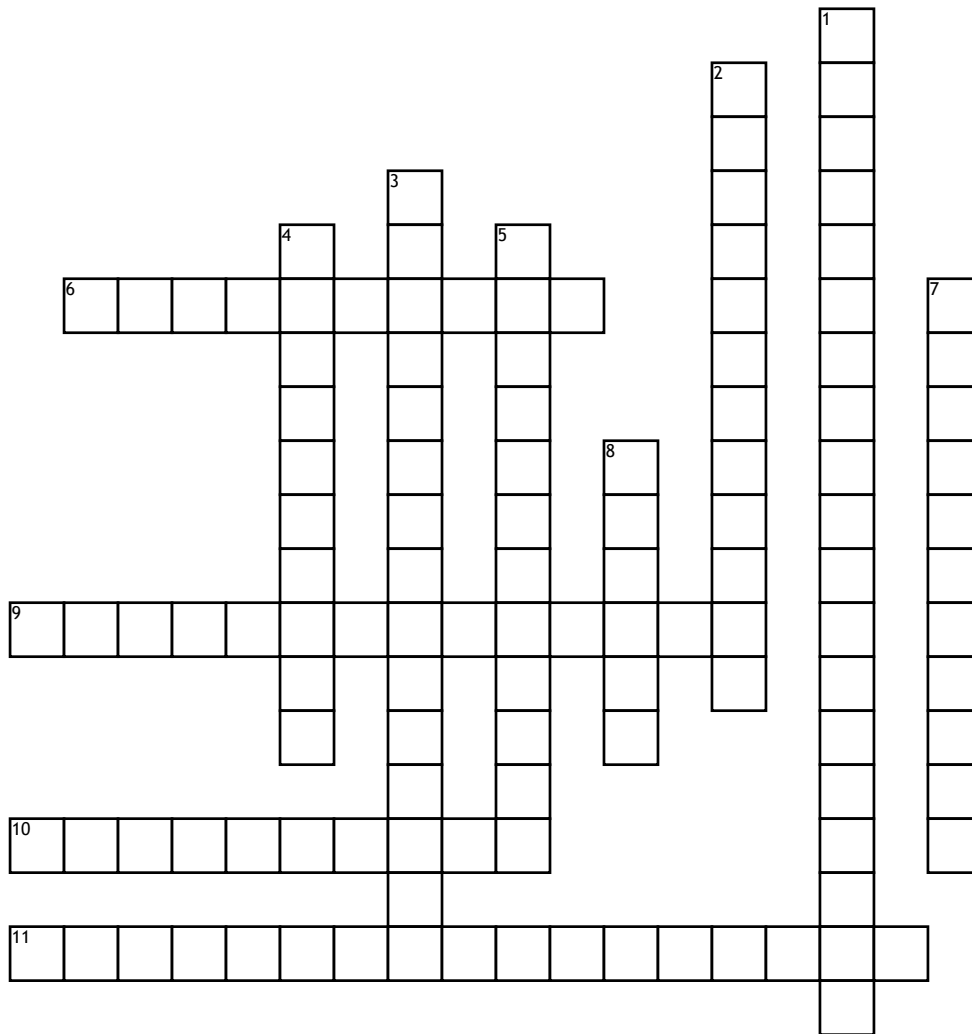


Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

# Defense Mechanisms



## Across

6. Casting the feelings you have onto another person; blaming another person for the feelings you have.
9. Associating with people or groups that are of higher status in order to increase your own status.
10. Reverting to childlike behavior to get the attention you got when you were younger or to get your way.
11. Replacing feelings that are socially or personally unacceptable with emotions that are acceptable.

## Down

1. Describing painful or emotional personal events in academic or philosophical terms.

2. Taking out one's anger or frustration on a person or object that is not the cause of the offense.
3. Making logical excuses for illogical behavior.
4. Unconsciously forgetting information that is too painful to recall
5. Emphasizing personal strengths in one area to shift focus from failure in another area.
7. Using exercise or physical activity as a substitute for sexual energies.
8. Refusing to accept an obvious situation because of the emotional pain it causes

## Word Bank

Intellectualization

Compensation

Reaction Formation

Rationalization

Denial

Regression

Sublimation

Displacement

Identification

Projection

Repression