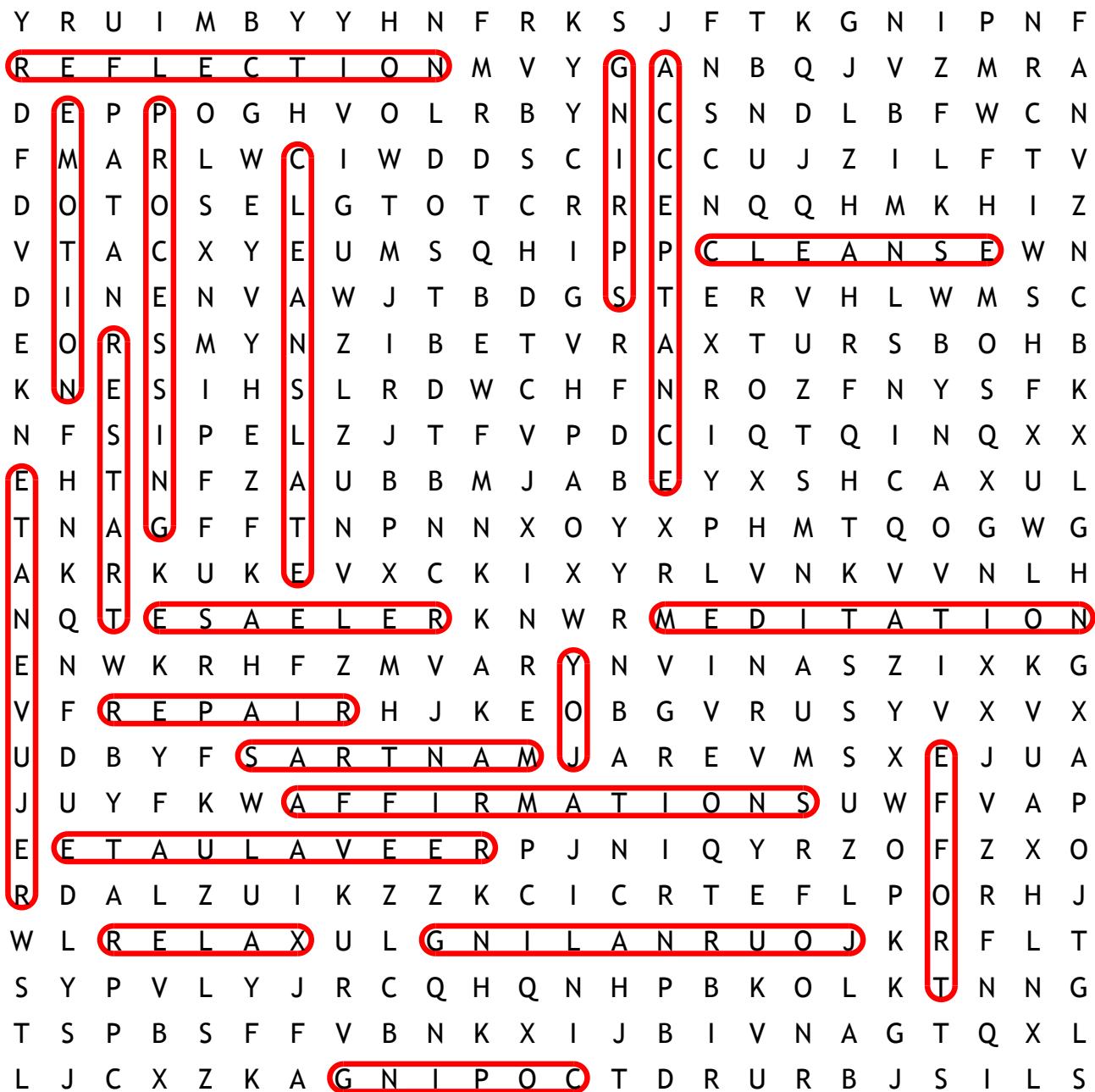


Name: _____

Date: _____

Spring Cleaning



- | | | | |
|--------------|-------------|------------|------------|
| affirmations | clean slate | rejuvenate | reevaluate |
| acceptance | processing | journaling | meditation |
| reflection | restart | cleanse | mantras |
| emotion | release | spring | effort |
| coping | repair | relax | joy |