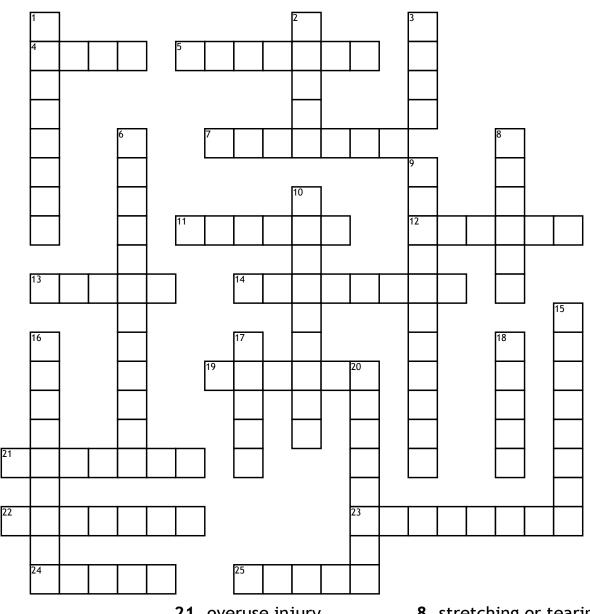
Sports Medicine Terminology



Across

4. rest, ice, compression, elevation

- 5. away from the midline
- 7. knee cap

11. structure that connects muscle to bone

12. stretching or tearing of a muscle or tendon

13. swelling in the tissue

14. in front of

19. close to the midline

- **21.** overuse injury
- 22. arm bone
- **23.** swelling in a joint
- **24.** fluid filled sac
- 25. where two bones meet Down
- 1. break in a bone
- 2. lying face down

3. number of muscles that make up the quadriceps

6. a symptom of redness. and swelling

8. stretching or tearing of a ligament

9. complete separation of two ends of a joint

- **10.** a bruise
- **15.** a scrape
- **16.** your favorite teacher
- **17.** thigh bone
- **18.** a sudden injury

20. a structure that connects bone to bone