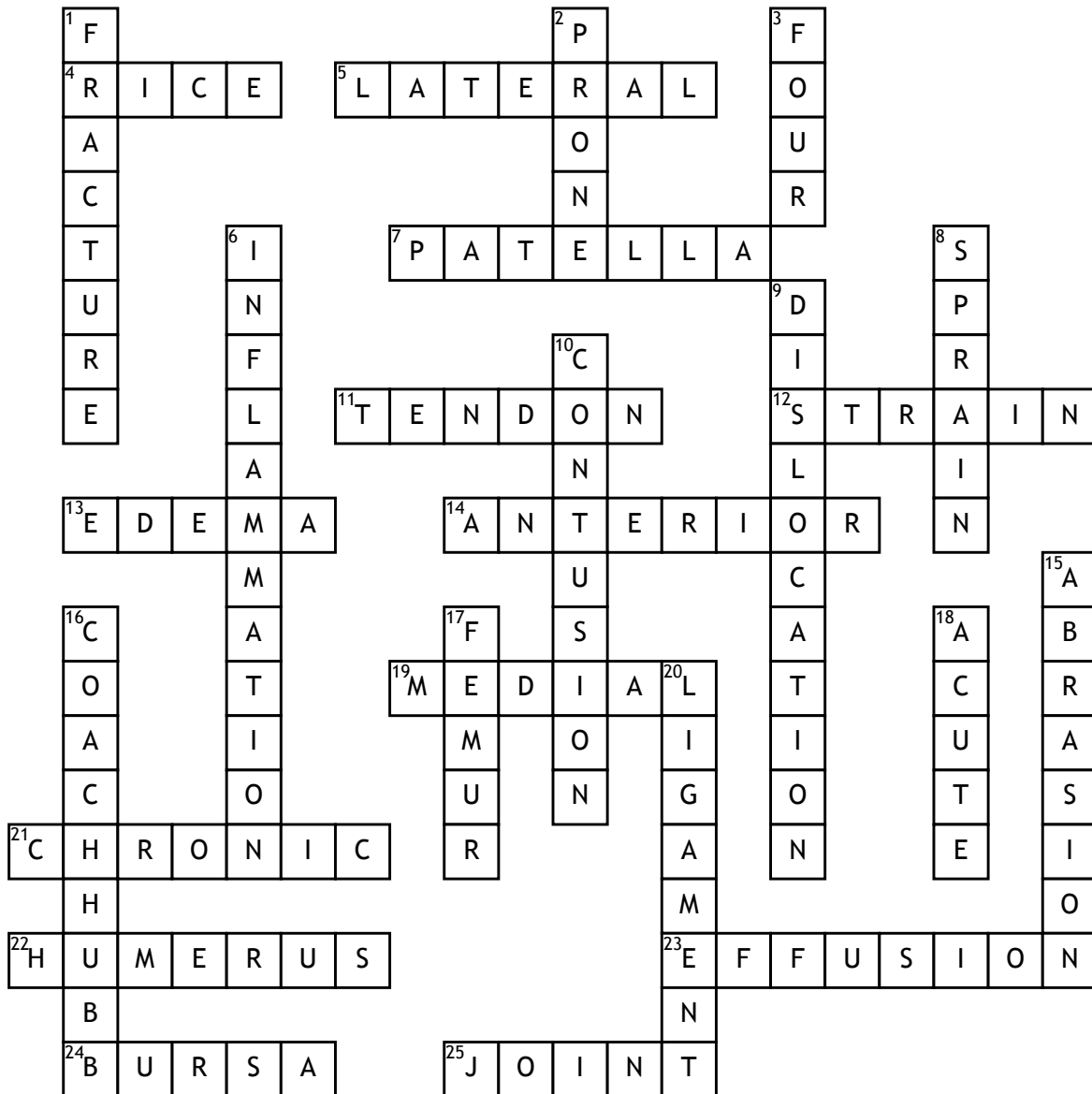


Name: _____

Date: _____

Sports Medicine Terminology



Across

4. rest, ice, compression, elevation
 5. away from the midline
 7. knee cap
 11. structure that connects muscle to bone
 12. stretching or tearing of a muscle or tendon
 13. swelling in the tissue
 14. in front of
 19. close to the midline

21. overuse injury

22. arm bone
 23. swelling in a joint
 24. fluid filled sac
 25. where two bones meet
Down
 1. break in a bone
 2. lying face down
 3. number of muscles that make up the quadriceps
 6. a symptom of redness, and swelling

8. stretching or tearing of a ligament

9. complete separation of two ends of a joint
 10. a bruise
 15. a scrape
 16. your favorite teacher
 17. thigh bone
 18. a sudden injury
 20. a structure that connects bone to bone