

Date: _____

[illegible]

4. Nutrients added that were lost
6. Type of pasta that can be stored in cabinet
7. Pasta does this in size when cooked
12. All plants in the grass family
13. Rice that is high in protein and dietary fiber
15. Grow in a variety of climates
16. Edible outer layer

- 17. Nutrients added that weren't present to start with
- 18. Should be stored in an air tight container
- 19. The seed that grows into a new plant
- 20. How we cook pasta
- 21. Made from the entire kernel and contains the most nutrients

1. Slim type of rice that cooks up fluffy
2. Rice does this in size when cooked

14. Inedible part of the kernel