

Name: _____ Date: _____

Cooking Methods

- 1. LOBRI Broil
- 2. IGLRL Grill
- 3. RTSAO Roast
- 4. AKBE Bake
- 5. ILGDDGINR Griddling
- 6. ASEUT Saute
- 7. IRIENMGSM Simmering
- 8. CGNOPIHA Poaching
- 9. ENGITSW Stewing
- 10. RINGSBIA Braising
- 11. GNMAEITS Steaming
- 12. ABICNGHNL Blanching
- 13. APN RYF Pan Fry

Word Bank

Blanching	Simmering	Saute	Pan Fry
Poaching	Braising	Stewing	Roast
Bake	Grill	Griddling	Steaming
Broil			