

Name: _____

Date: _____

Self Esteem

J H P I G L Z P O S I T I V E N Q J M E E L L G
Z O T X P N H H X X P D T N E D I F N O C A N R
S P F W J F I U O T B Q E J H V H L O F O Y Y G
H E A R P C U T Q S M F R Z O S W G Q T H P C R
Y F F T I C Q A S S Q X H P I X R H P T C Q H U
C U A N R E F T O E F W T M L N X D L K X C X X
T L O A U S N C R S R I I A I H A A O R S S C M
U G T F U G B D D N M E V O X U E G D Y P U E B
M C X K F A M W L I G E T C R H Y R R O Z O Y K
I F Z Z X Y A L S Y N R H N G H N Y Z O H R W P
F P K D G J Y T I W I Y K N I Y E L R W B E J H
T M N H L I I Y F U V Y I X L Z S U W W K N A W
N W G D N C D A S A O B N T M N G F C F P E T Z
T D S B K X K E A D L Q D O K S D P A G O G W M
L H T Q F Y C U E C U H L X H Q H L R N H N O L
P X R G S W U L H B A O I C N D C E I E O Q U R
V P O G E O W P X P R Q R H U Q J H N E C F W D
Y X N Q M H I G P W J R D P Q D Z L G F T S F V
L N G P O J D Y Y E X G A S C N I G E H U L G J
R J N A B A G X R E S P E C T F U L G Y N P Y Y
G U L U W V S Z A P Y A B V C W M U A Z S J L D
E V Z H F Q N P X L I X O J H V O H L Q K C J Z
C T D C N H O M D F C Z H G H H U Y E P S Q L B
D E N I M R E T E D I Y C V T O O Z V W P B P Y

- | | | | |
|------------|-------------|------------|---------|
| thoughtful | strong | respectful | proud |
| positive | organized | optimistic | loving |
| kind | interesting | hopeful | helpful |
| healthy | happy | generous | funny |
| determined | friendly | confident | caring |