First Aid Crossword Puzzle

Across
5. Always wear your ___________ when you ride in a car.
7. When you ride your bicycle or scooter, always wear a ____________.
12. To prevent sunburn, you should wear ___________, protective clothing, and a hat.
14. A cut or scrape may be ________ if it is getting more red, painful, warm, swollen, or has green, yellow or creamy drainage.
16. Only call 911 in a true ____________, never as a joke.

Down
1. In case of an emergency, notify an _________ immediately, and if there is none available, call 911.
2. After cleaning a minor cut or scrape, apply a __________, and change it daily until the wound heals.
3. A cut or scrape that doesn't stop bleeding after ____ minutes of applying pressure may need further medical attention.
4. Apply a _________ cloth or ________ water to a burn, and do not pop any blisters that form.
6. The Heimlich maneuver can be used on someone who is ____________.
8. CPR should only be started if the person is unresponsive, not breathing, and has no ____________.
9. Never go swimming unless a ______________ or other adult is watching you.
10. Gently wash a minor cut or scrape with soap and ________.
11. It is not a good idea to go hiking by yourself. You should go with a ____________, and make sure to bring all the supplies you will need.
13. For a joint sprain or strain, try RICE - rest, ________, compression and elevation.
15. An antiseptic (or antibiotic) cream or spray helps prevent ____________ from causing an infection in a cut or scrape.