First Aid Crossword Puzzle



<u>Across</u>

1. In case of an emergency, notify an ______ immediately, and if there is none available, call 911.

 After cleaning a minor cut or scrape, apply a ______, and change it daily until the wound heals.
 A cut or scrape that doesn't stop bleeding after _____ minutes of applying pressure may need further medical attention.

4. Apply a _____ cloth or _____ water to a burn, and do not pop any blisters that form.
6. The Heimlich maneuver can be used on someone who is ______

8. CPR should only be started if the person is unresponsive, not breathing, and has no _______.
9. Never go swimming unless a

. Never go swimming unless a ______ or other adult is

watching you. 10. Gently wash a minor cut or scrape with soap and _____. **11.** It is not a good idea to go hiking by yourself. You should go with a

, and make sure to bring all the supplies you will need.

13. For a joint sprain or strain, try RICE - rest, _____, compression and elevation.

15. An antiseptic (or antibiotic) cream or spray helps prevent ______ from causing an infection in a cut or scrape.