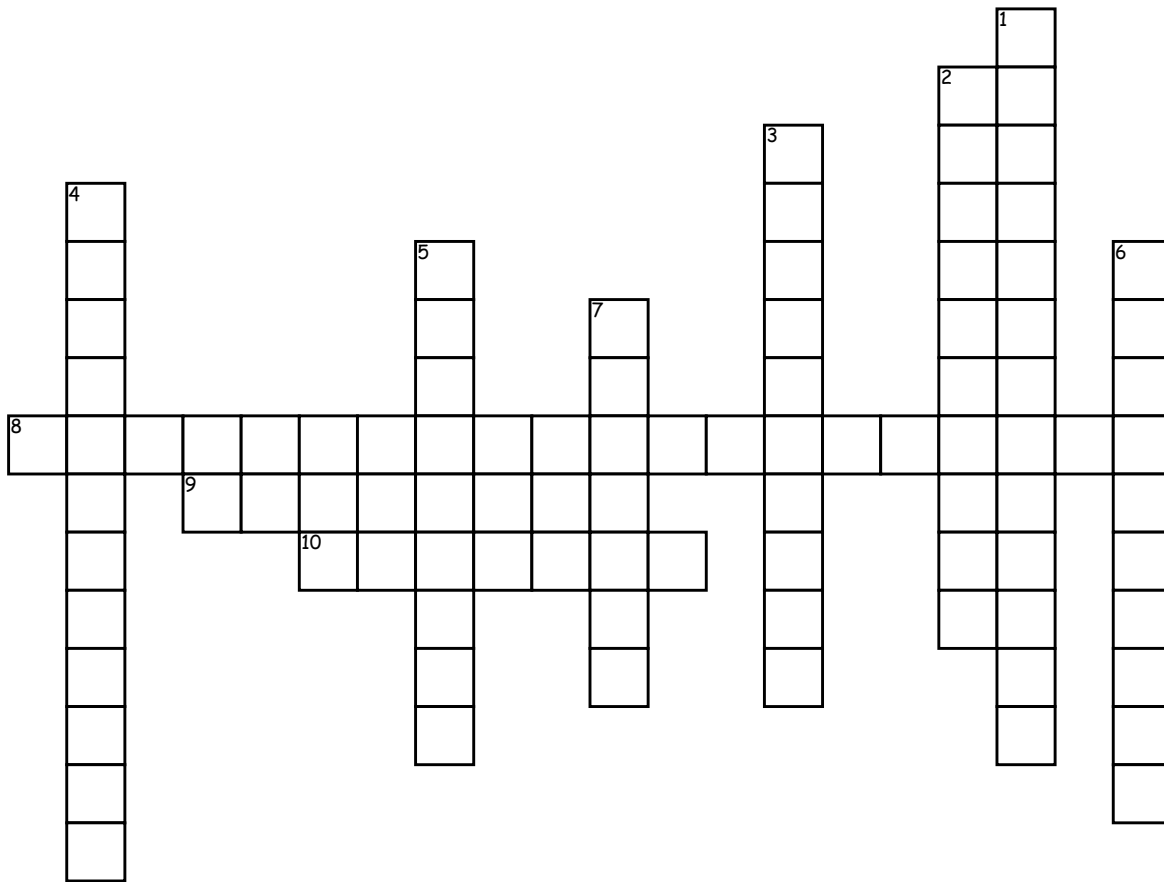


# Breastfeeding



## Across

8. LCPUFAs are abundant in the brain and are necessary for \_\_\_\_\_ of a young infant's brain and the retina of the eye.

9. The average medical expenses for people with diagnosed \_\_\_\_\_ are 2.3 times higher than those who don't have this

10. LCPUFAs induce early changes in skeletal muscle that protect against \_\_\_\_\_ resistance

## Down

1. Saves a family more than \$2,000 in formula-related expenses in a baby's first year alone.

2. The best way to feed your baby is with your own \_\_\_\_\_

3. infants have greater concentrations of insulin

4. Breastfed infants are able to control the amount of milk they consume because they can their energy intake based on their internal hunger.

5. Children who are breastfed have a much lower rate of certain \_\_\_\_\_

6. Breast Milk contains long-chain polyunsaturated

7. Is a serious epidemic in the U. S. For children and adolescents aged 2-19