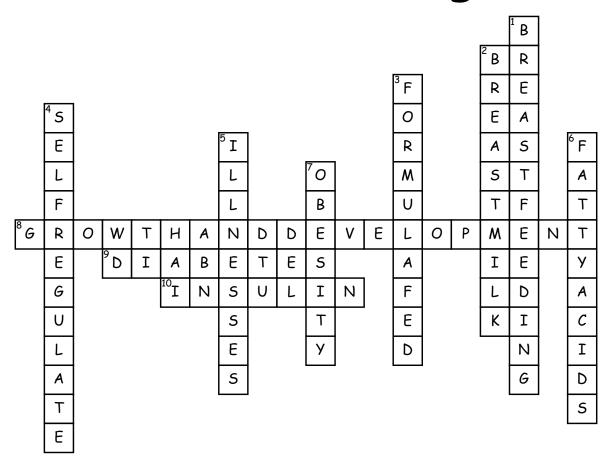
## Breastfeeding



## **Across**

- 8. LCPUFAs are abundant in the brain and are necessary for \_\_\_\_\_ of a young infant's brain and the retina of the eye.
- 9. The average medical expenses for people with diagnosed \_\_\_\_ are 2.3 times higher than those who don't have this
- 10. LCPUFAs induce early changes in skeletal muscle that protect against \_\_\_\_\_\_ resistance

## Down

1. Saves a family more than \$2,000 in formula-related expenses in a baby's first year alone.

- 2. The best way to feed your baby is with your own \_\_\_\_\_
- 3. infants have greater concentrations of insulin
- 4. Breastfed infants are able to control the amount of milk they consume because they can their energy intake based on their internal hunger.
- 5. Children who are breastfed have a much lower rate of certain \_\_\_\_\_
- 6. Breast Milk contains long-chain polyunsaturated
- 7. Is a serious epidemic in the U. S. For children and adolescents aged 2-19