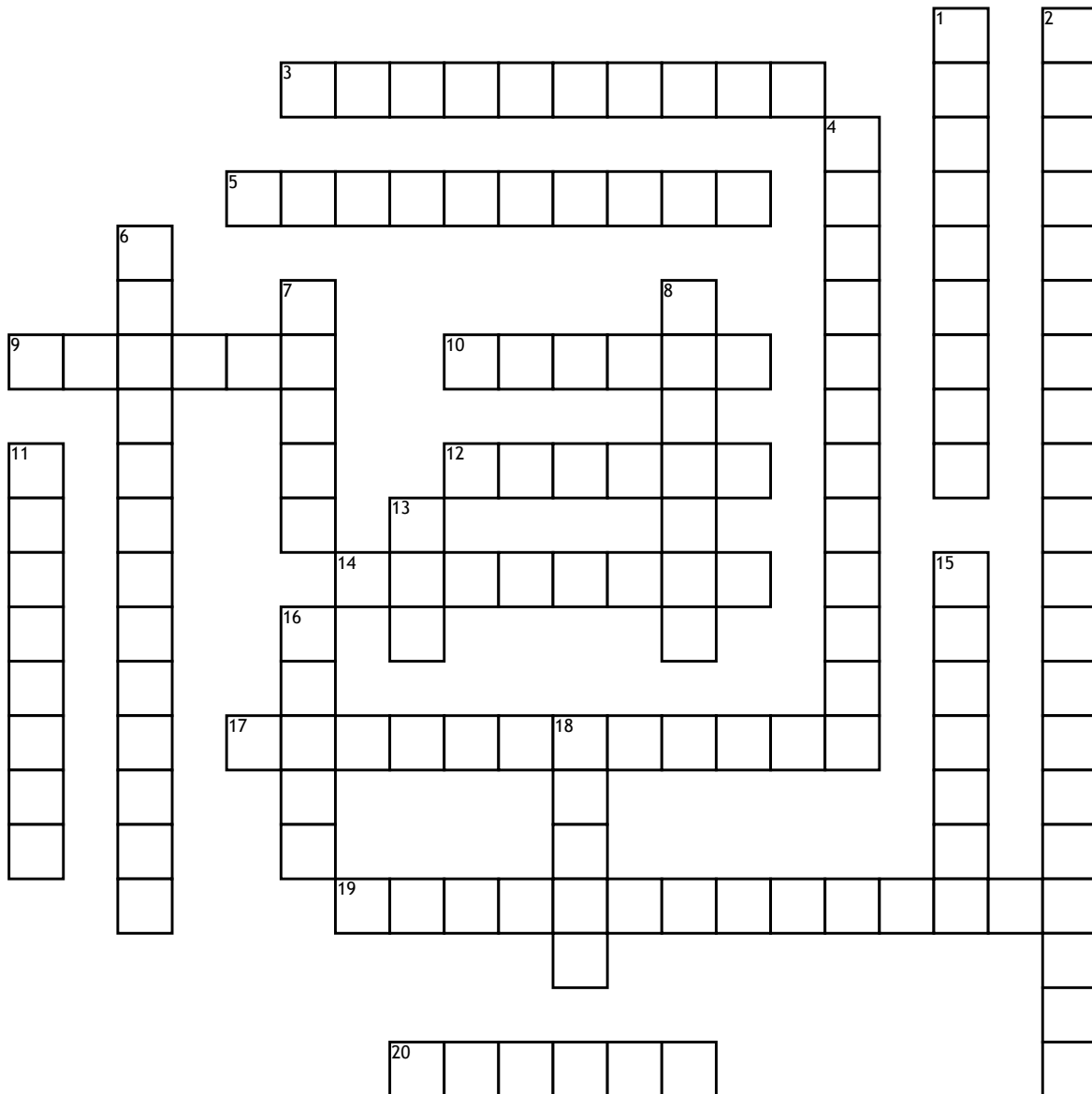


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Choosing an Alcohol Free Lifestyle



## Across

3. when a baby is born dead  
 5. disease in which there is a physical and psychological dependence on alcohol  
 9. drinking increases the risk of developing \_\_\_\_\_ in the mouth, esophagus, and stomach  
 10. In males, drinking can affect the size of the \_\_\_\_\_ and the development of muscle mass  
 12. refusing to admit you have a problem  
 14. symptoms of this include headache, nausea, vomiting, tiredness, irritability

17. a process in which yeast, sugar, and water are combined to produce alcohol

19. People who drink are at risk for developing \_\_\_\_\_ diseases

20. Long-term heavy drinking can cause \_\_\_\_\_ failure

## Down

1. disease of the liver caused by chronic damage to liver cells  
 2. birth defects in babies born to mothers who drink alcohol during pregnancy  
 4. when the body does not get the nutrients required for optimal health

6. consuming large amounts of alcohol in a short amount of time

7. measure of the amount of alcohol in a beverage

8. BAC rises faster in which gender?

11. a period in which a person cannot remember what has happened

13. The amount of alcohol in a person's blood

15. a drug that depresses the brain and nervous system and can be found in drinks

16. Almost \_\_\_\_\_ part of the body is harmed when people drink large quantities of alcohol

18. a substance that is poisonous