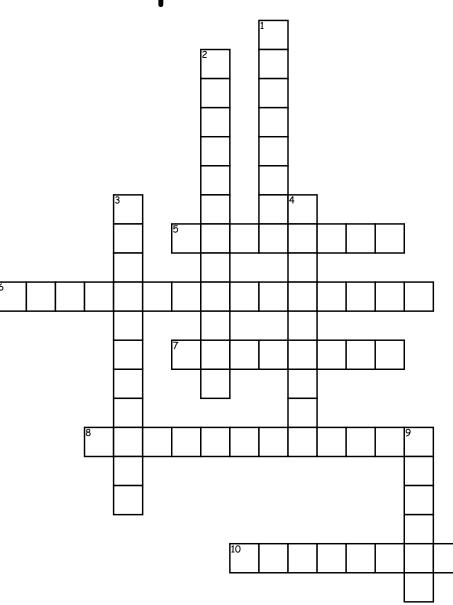
## 6th personal health



## <u>Across</u>

**5**. the part of health that deals with the physical condition of your body

**6**. the way in which you express your feelings

7. the way in which you act, think, or feel, that causes you to make certain choices

**8**. solving problems and the way you cope with the demands of daily life

**10**. the passing of traits form parent to child

## <u>Down</u>

1. the state of good health achieved by balancing your physical, emotional, mental, and social health.

**2**. the way you interact with people, especially your friends and family

**3**. all living and non-living things around you

**4**. a set of behaviors by how you live your life

9. the condition of your physical, emotional, mental, and social well being