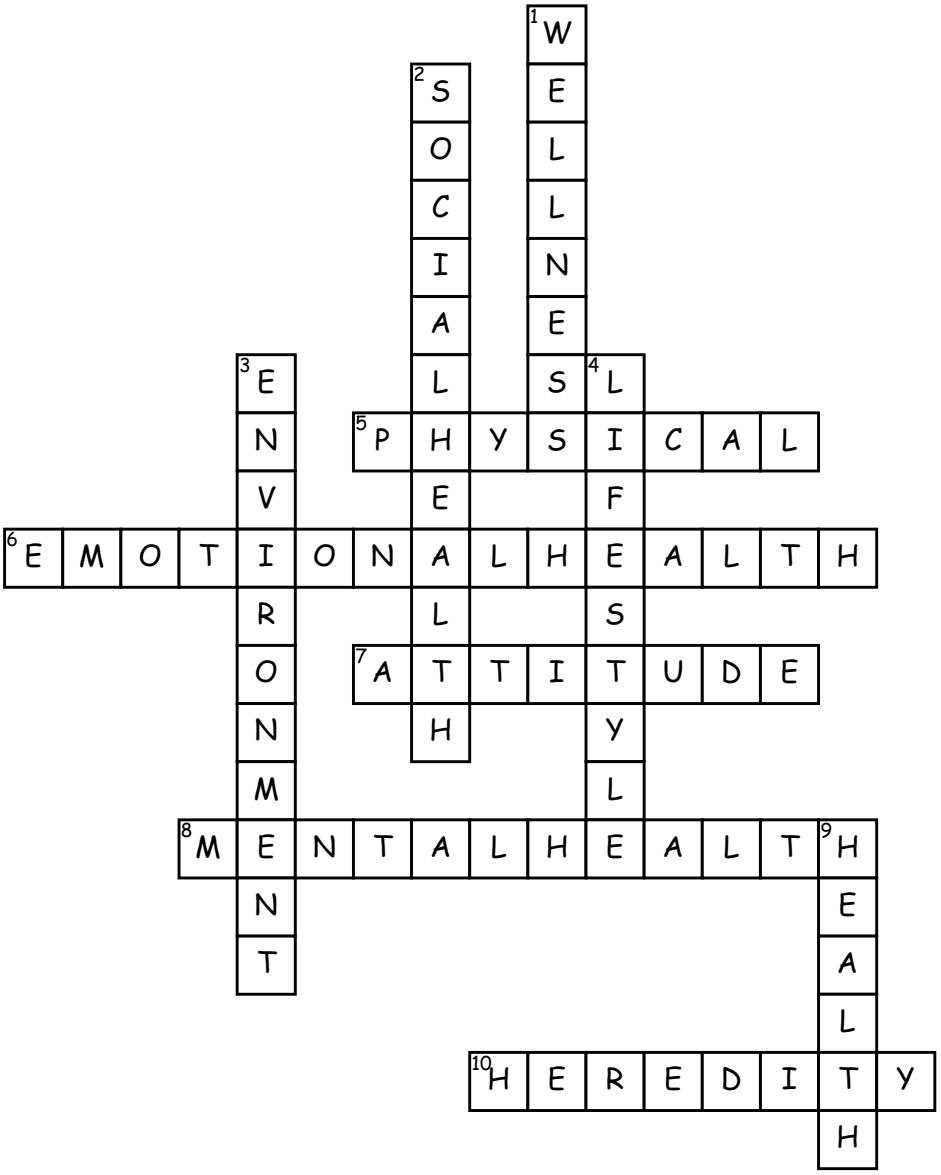
Name: _____ Date: _____

6th personal health



Across

5. the part of health that deals with the physical condition of your body

6. the way in which you express your feelings

7. the way in which you act, think, or feel, that causes you to make certain choices

8. solving problems and the way you cope with the demands of daily life

10. the passing of traits form parent to child

Down

1. the state of good health achieved by balancing your physical, emotional, mental, and social health.

2. the way you interact with people, especially your friends and family

3. all living and non-living things around you

4. a set of behaviors by how you live your life

9. the condition of your physical, emotional, mental, and social well being