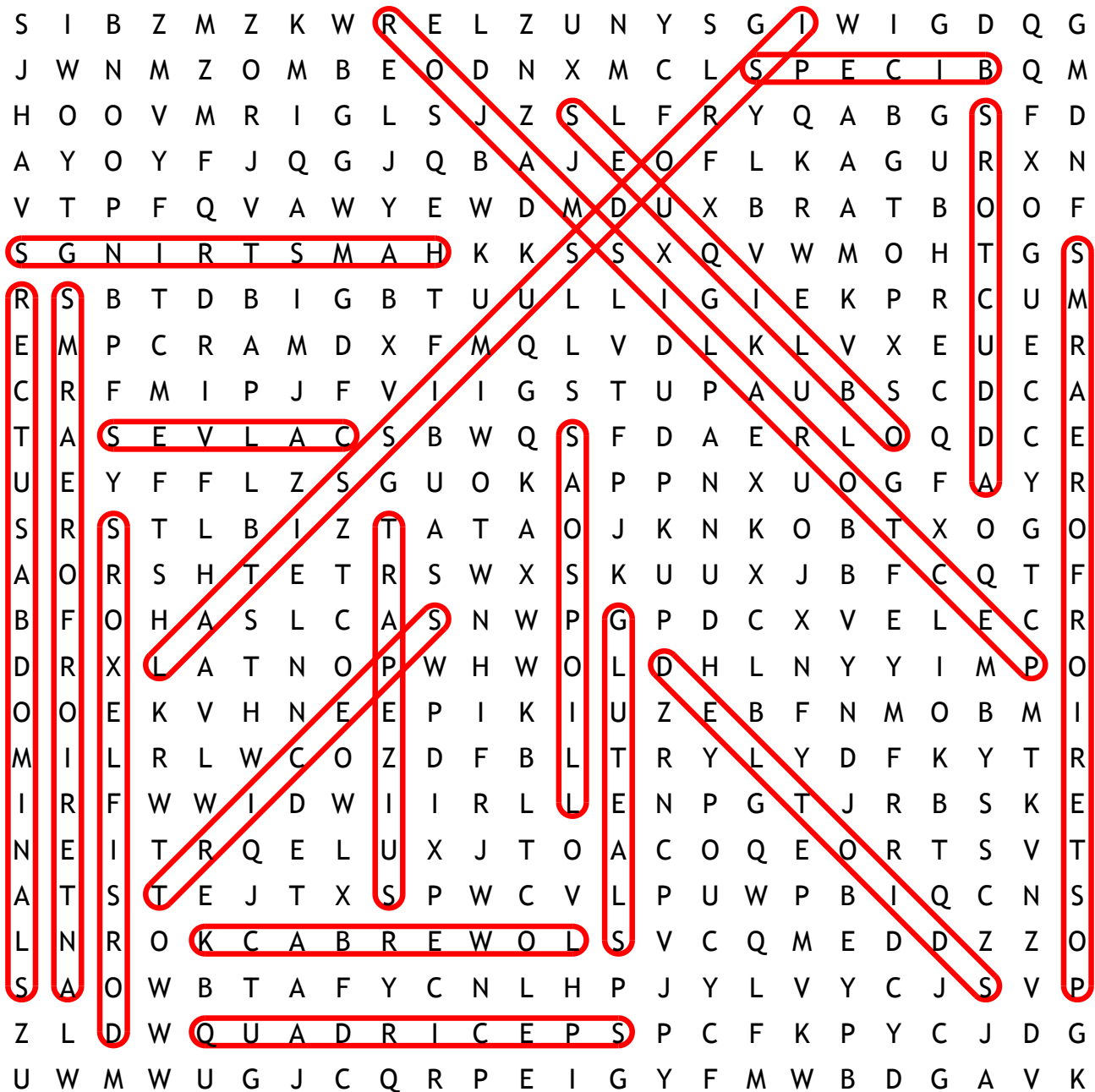


Name: _____

Muscles of the Body



posterior
latissimus dorsi
hamstrings
adductors
deltoids
triceps

anterior
pectoralis major
lower back
iliopsoas
gluteals
biceps

rectus abdominals
dorsi flexors
quadriceps
trapezius
obliques
calves