

Name: _____

Date: _____

Family Adjustment With a New Born

B F S O D Q B B S G E D X R E A S S U R E B K G
H R O B S N O X Y P U R Z G N V O D A H G W A P
L B N O I T A I C E R P P A Y C S U X A L E R A
A H I I Z E O A K R O U T I N E Z V Z B O K J U
I P G L K N O I T I S N A R T O R Y A S X Z E O
C O D V J H K F D E M P A T H I Z E N K U S G S
N S B J E S B K V L G T R E A T M E N T U B N D
A T B H A S D S X F A T I G U E V K W P E J A V
N P W C L E F N L B Y K J N T S A K X H Q G R Y
I A M J O R F A M Y J Y B V Y R E A D I N G R S
F R H D U T J J U M F R I R R I T A B L E T A G
C T K R S S Y O S P H N T S Q G F O C U S C Z N
G U Y F Y I V Q I B B M P W E C K C R L E F Z I
Z M B N M N F R C M N N Q S S I S S D S W P O L
A F W K O K J N N P W R P S T Q D N B L C J D B
R D X R F A M I L Y M I X N V G C Z S E O C O I
L D C M A F F E C T I O N H T A B C S E M R O S
E O O R O S G N I L E E F R C B B L F P Z Q H O
M Z N W E K P P D V I G P O T L N I R C Q P R A
F F C Z G X X M O O Q Q Y L O W E N I H E L E S
F X J P Z T E M P O R A R Y R A J F E V Z I H Q
N A H J T I N V O L V E D A L S I A N O X H T X
F Z J D H N O I S S E R P E D P E N D Z W G A X
A I N M O S N I K C G J W Y X Y J T S Z U C F I

appreciation
affection
treatment
reassure
reading
focus

depression
empathize
feelings
siblings
routine
music

fatherhood
financial
insomnia
arrange
family
relax

postpartum
irritable
involved
fatigue
infant
sleep

transition
temporary
jealousy
friends
stress
bath