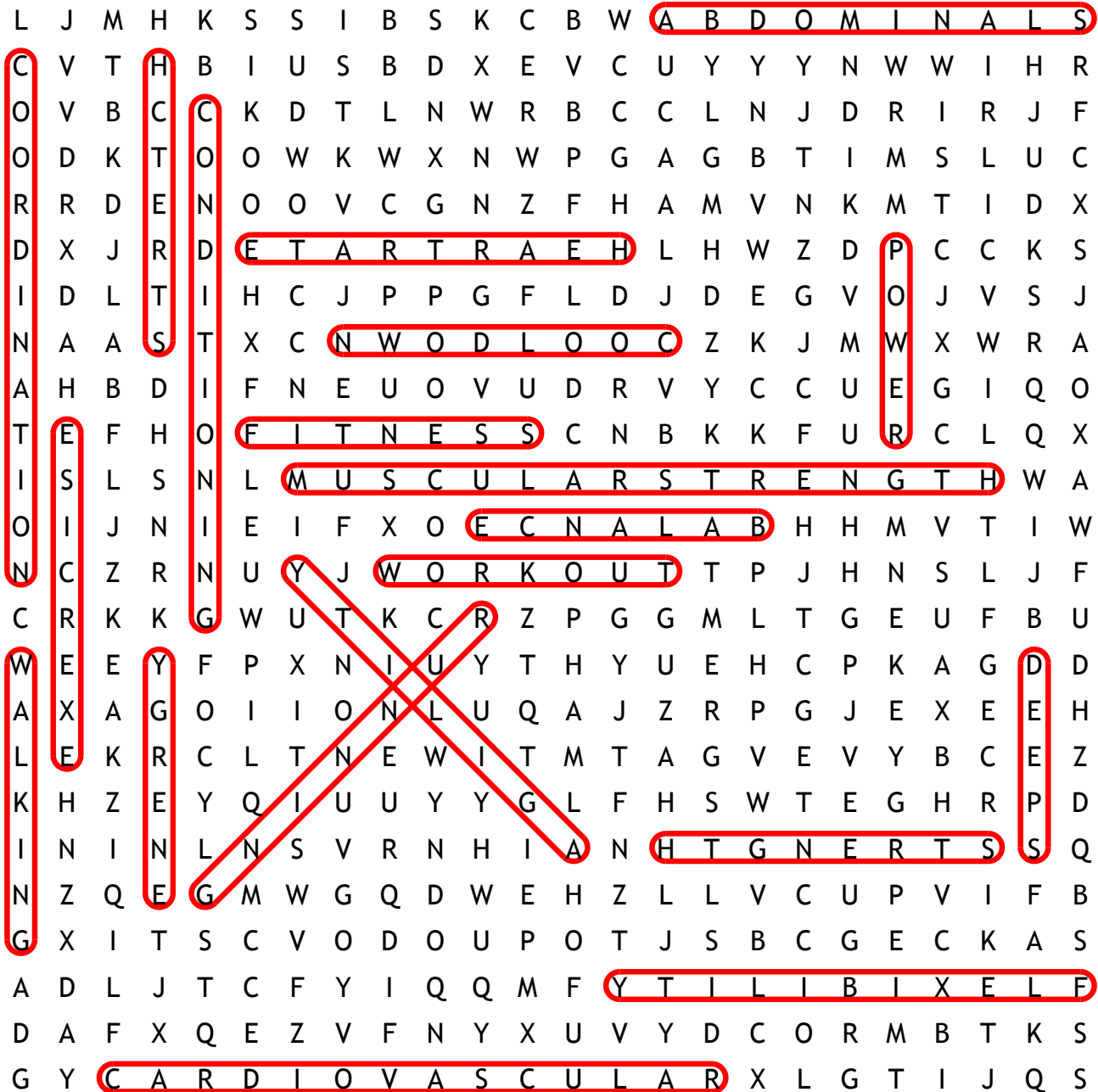


Fitness puzzle



Muscular strength	Cardiovascular	Conditioning	Coordination
Flexibility	Heart rate	Abdominals	Cool down
Strength	Exercise	Workout	Stretch
Walking	Agility	Running	Fitness
Balance	Energy	Power	Speed