

Name: _____

Date: _____

Sleep Word Search

TECHNOLOGY

BLUE LIGHT

MELATONIN

COMPUTERS

BED TIME

TWILIGHT

SCREENS

TEXTING

READING

IPHONE

SLEEP

RELAX

AWAKE

DREAM

NAP



P	J	E	A	E	N	O	H	P	I	Q	W	L	J	J	J	G
E	V	P	O	F	D	F	T	E	X	T	I	N	G	J	O	B
W	G	V	H	F	U	E	F	Y	S	L	E	E	P	D	J	B
A	I	X	K	P	C	D	T	F	D	U	E	E	O	K	B	S
P	O	G	N	X	J	C	D	W	P	R	H	Y	I	D	Q	Z
R	N	Y	S	C	R	E	E	N	S	G	E	E	B	T	O	Z
A	A	G	M	G	M	T	Q	D	D	V	P	A	W	H	X	T
Z	P	O	A	Y	V	E	H	U	Y	K	Q	V	M	G	W	C
B	E	L	D	B	T	S	L	G	P	C	V	W	B	I	S	O
D	D	O	R	R	I	B	H	A	I	Y	C	B	H	L	R	J
C	H	N	P	T	E	A	E	X	T	L	J	D	W	E	E	L
X	T	H	Q	I	G	K	H	M	S	O	I	E	P	U	T	E
E	I	C	S	Y	L	A	A	B	I	Q	N	W	N	L	U	Z
E	P	E	X	A	L	E	R	W	V	T	F	I	T	B	P	N
S	F	T	T	N	A	I	Z	Z	A	R	D	W	N	Z	M	L
K	L	A	N	V	V	R	E	A	M	A	D	E	P	J	O	C
E	M	K	U	R	E	A	D	I	N	G	M	L	B	G	C	X