

Name: _____

Nutrition and Physical Activity

U B F X S X Y U J S O A M K Y I N F L U E N C E
P O R R D A V S R G E E I P P R O C E S S E D D
M D U N E H S E U R T M G J D A I R Y R J F K Y
O Y I I Z D B Q O A U Z X T O K S N I M A T I V
D I T E R I R B B G N I S I T R E V D A I Z S P
E M A T F B I O W B R J U I W F M I U W O X L H
R A F O J C L U S P U E N G B E I L A W P I A Y
A G M R U I T F V I P L R W D L V T I J U N R S
T E M P S H Z W Z Z D A I I H F X C N Z Z T E I
I F E M E L C S U M I G A M E O C N H E E E N C
O B T H R H K Q A N V I N X I V L S M K S N I A
N R A N A M E Y W X X E K I A A I E D Y Z S M L
P E R U G E R A S N K S G Q T I N T G P J I E A
S A D T U G V Z L E U N H E B A S O I R S T K C
X K Y R S N Q I Y T I T P U T M E L R S A Y O T
H F H I K I Q M T G H R R O W A D C H E O I R I
M A O E E B M G O A H Y O I B Z B A F B X P N V
D S B N M H M L L D G L O L T P B L X G Z I G I
J T R T B S U P F F E E I W A I N A E J A H A T
S X A S R P I P G V P R N Y T C O T X F L E J Y
N L C C Z K D Z Y J A Z A S B X B N R M E N R Y
A T Y I Z E O H T G N E R T S F O O D G R O U P
C J X S F P S L J D I D I F E S H E W Y A B G O
K F O O D L A B E L Z C H O L E S T E R O L R E

physicalactivity	eatingdisorder	carbohydrate	advertising	cholesterol	metabolism
moderation	wholegrain	bodyimage	breakfast	foodgroup	foodlabel
influence	intensity	nutrients	nutrition	processed	vegetable
anorexia	minerals	moderate	negative	positive	strength
vitamins	aerobic	bulimia	calorie	fitness	healthy
protein	habits	muscle	sodium	binge	dairy
fiber	fruit	grain	media	snack	sugar
bone	fat				