

Name: _____

Date: _____

Healthy Eating

K V T B D L V F F R B I S G N E K C I H C G M M
Q S S B B E N G F R P U R Z N F L A P C H O D Q
T F R Q F C U Z O A G S Q L C S G Y I Z L C B X
P J K L H I X C O R W Y A Z Y Y O T Q B U E Q M
E K D N E R C S F R D O B L K F Q B S A E P O B
A N I W P O N L A P A U T S M Z V O N F O C M T
R C D I L P T E F M F N D I C O A G W B O I H D
H D J I Y Z P M S K X Y G O P T N D K V X O M E
F U X O O M D O E K T T C E M A M N O I L X P L
U M P B A P X N L N S C T E N V A Z I W W C I O
N D J N E B B U E E I B A T N O X F R A M I X X
K S G X G R E R S L E L E P B C I S C T V R V W
R O I M G G X A N Z P M X Q Y A E T Q E Q L X Y
U V D U C K V O N H U P H K I D L N K R Q Y M X
H C W S X H Q D Y S S G A N R O P A Q M Z D E Q
W U Z H M S V M A C B I L E H T P L F E N A F N
V A K R L A Z U L U H V G V N J A P T L F V S O
S E E O B U Y O G U R T M P P I M G U O Q R A I
E D R O I Q W A L N U T S E A O P G T N J T B N
B Q K M X S O W Y B N Q P P L N P E P J K A P O
Y C H G Y A M M A C O N U P K Q J C W X N V Z E
S N Q U M N P U N S V S S E G Q P F O A Q Y N I
F I C Y Q U N T U V F Q S R M U K H N R H G E W
Y B E E T S L C T G H Q L S P T S A J S N F N A

watermelon
peppers
avocado
yogurt
lemon
rice

pineapple
walnuts
squash
apple
onion
peas

eggplant
oatmeal
salmon
beans
pear
kiwi

mushroom
popcorn
orange
beets
tuna

broccoli
chicken
banana
mango
beef