

# Mental Health Awareness

## Across

4. A sense of resolution or conclusion.

5. to give advice to; advise

7. feelings of severe despondency and dejection; inexplicable sadness

10. Ability to understand and share the feelings of another.

11. Positive Stress.

E\_\_\_\_\_

14. the branch of medicine concerned with the diagnosis and treatment of mental illness

15. an unfair judgement of a person or people; a mark of disgrace associated with a particular circumstance, quality, or person

## Down

1. A person looked to by others as an example to be imitated. (2wds.)

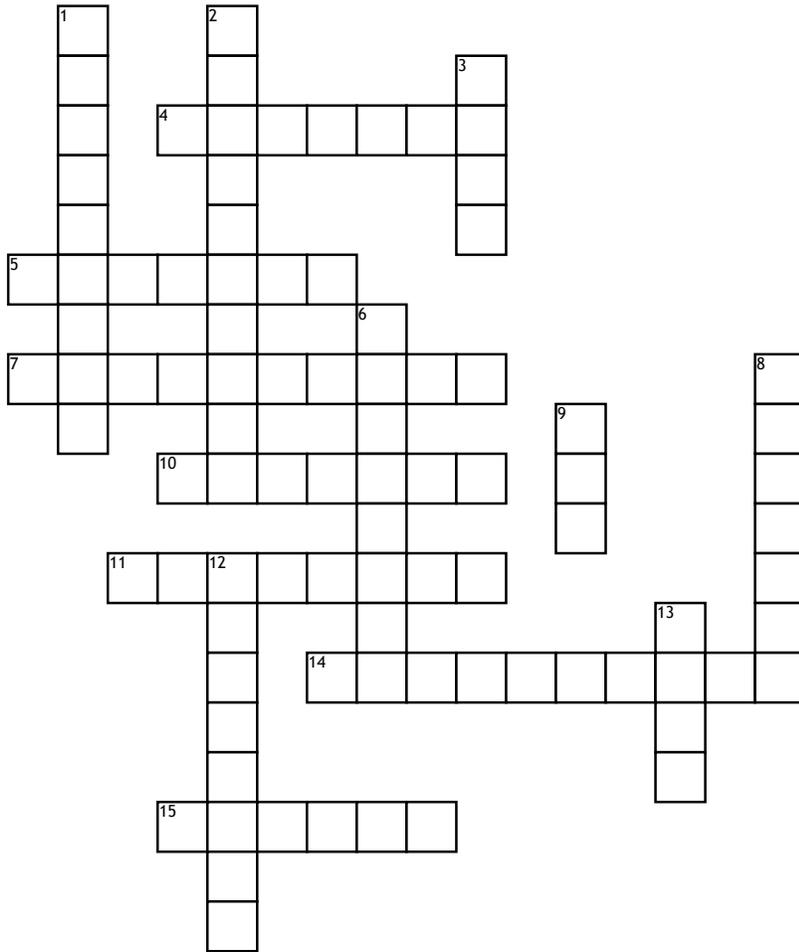
2. Confidence in one's own worth or abilities. (2 wds.)

3. to make easier or less difficult; contribute to; facilitate

6. Negative Stress.

D\_\_\_\_\_

8. a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome



9. an anxiety disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), or behaviors

12. Feelings of pity and sorrow for someone else's misfortune.

13. disorder that develops in some people who have experienced a shocking, scary, or dangerous event

