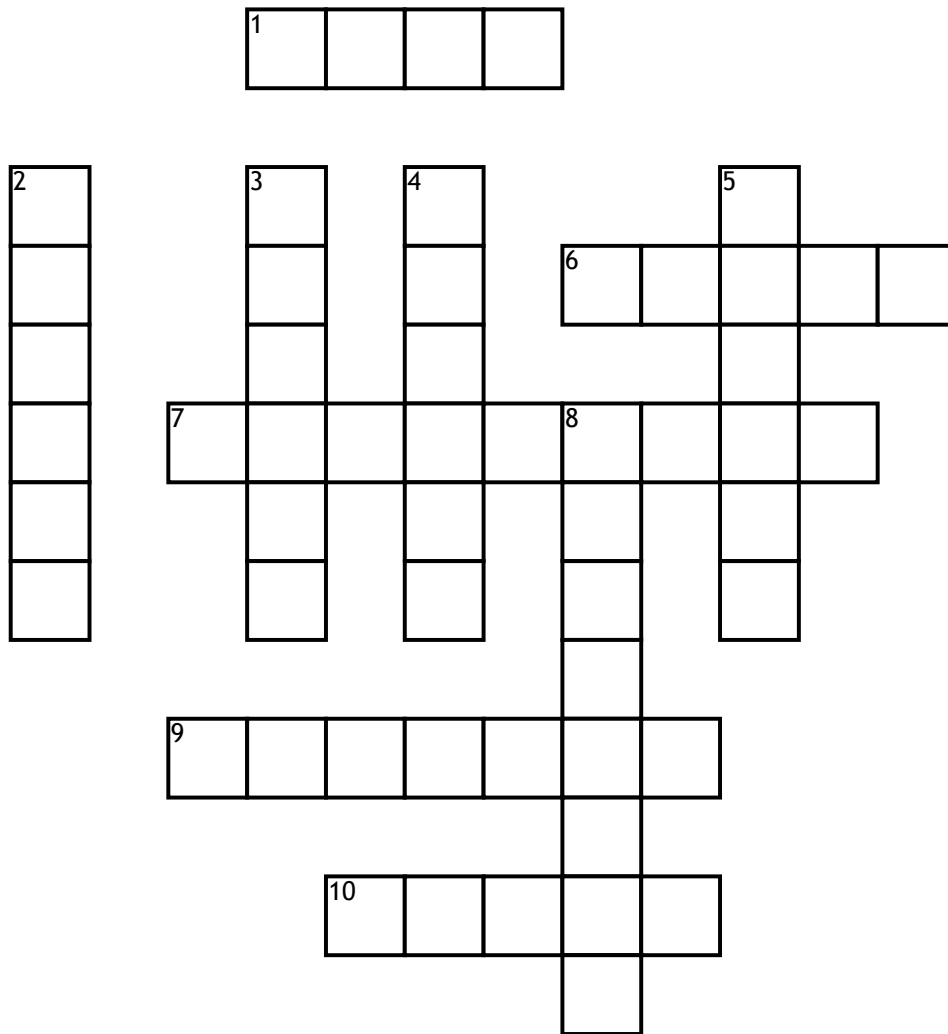


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Healthy Food Facts



## Across

1. I come from a cow, I am white, and people like to put me in cereal
6. I am a seed and good fiber. people like to make oatmeal and bread out of me
7. I am a vegetable that is long and green. People love to snap me
9. I am a vegetable, green, and rabbits love to eat me
10. I am all kinds of colors but most people like me when I'm red. I am a fruit produced on a tree.

## Down

2. I am a type of protein. people like to eat me during Thanksgiving
3. I am good for your eyes and orange in color. I grow in the ground
4. I am a dairy product, I come in all kinds of shapes and sizes, sometimes I stink
5. I am one of the most popular fruits, mostly yellow, I am good for your muscles
8. I am a vegetable, green, and a flower

## Word Bank

|        |       |            |          |        |
|--------|-------|------------|----------|--------|
| Cheese | Milk  | Green Bean | Broccoli | Turkey |
| Apple  | Grain | Lettuce    | banana   | Carrot |