Healthy Food Facts

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Across

- 1. I come from a cow, I am white, and people like to put me in cereal
- **6.** I am a seed and good fiber. people like to make oatmeal and bread out of me
- **7.** I am a vegetable that is long and green. People love to snap me
- **9.** I am a vegetable, green, and rabbits love to eat me
- **10.** I am all kinds of colors but most people like me when I'm red. I am a fruit produced on a tree.

<u>Down</u>

- **2.** I am a type of protein. people like to eat me during Thanksgiving
- **3.** I am good for your eyes and orange in color. I grow in the ground
- **4.** I am a dairy product, I come in all kinds of shapes and sizes, sometimes I stink
- **5.** I am one of the most popular fruits, mostly yellow, I am good for your muscles
- 8. I am a vegetable, green, and a flower

Word Bank

banana Apple Cheese Turkey Lettuce Milk Grain Broccoli Green Bean Carrot