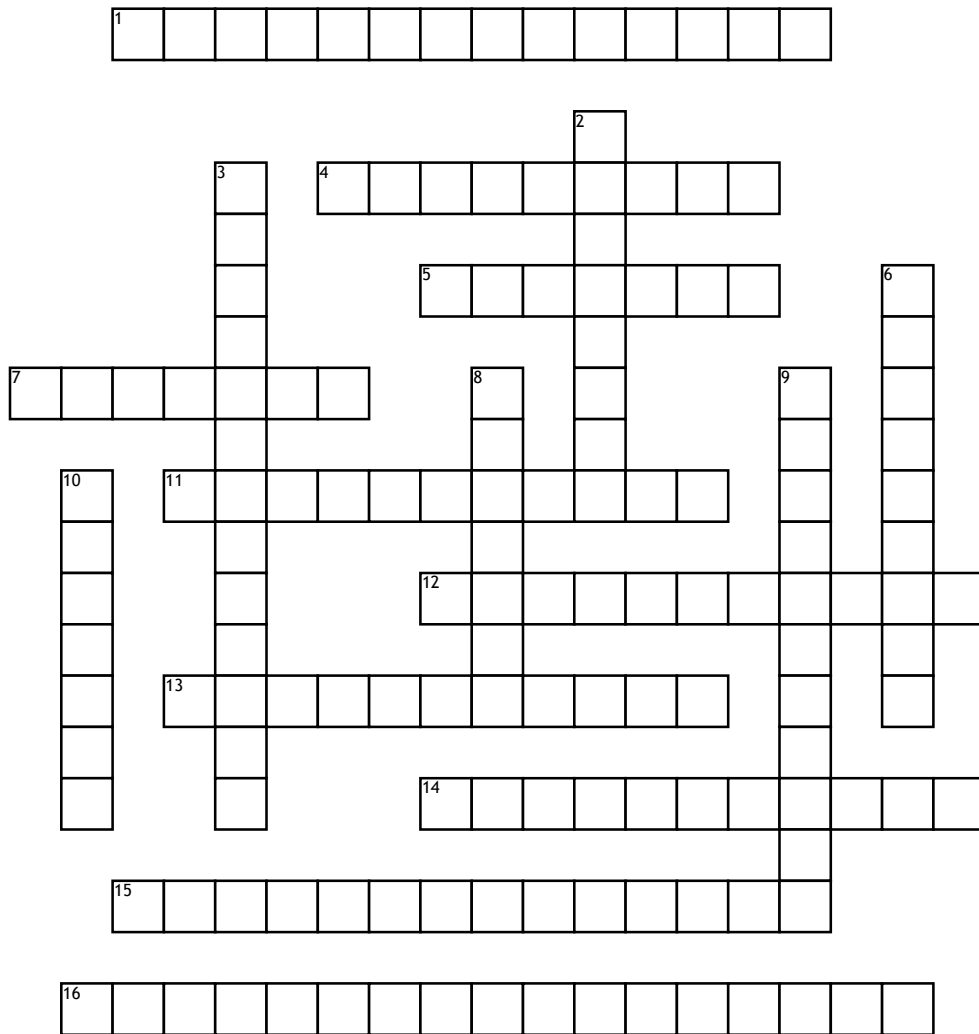


Social Anxiety Disorder



Across

1. used to alleviate or used as a treatment

4. _____ by almost everything, especially going out alone

5. Left _____ and uncomfortable

7. Treatment intended to relieve and heal

11. Cause of panic disorder

12. The worry of being in a embarrassing or humiliating situation

13. One of the solutions to help cope with anxiety

14. Caused by fear, anxiety, stress or irregular activities

15. Low magnesium levels, muscle fatigue, or medication side effects

16. Feeling outside of yourself

Down

2. Taken for it's calming or sleep-inducing effect

3. Fear of situations which they can be observed, evaluated, or embarrassed

6. Commonly affecting hands, legs, face, or vocal cords

8. Low energy and a strong desire to sleep that interferes with day-to-day activities

9. Intense, excessive, and persistent worry or fear about everyday situations

10. Apprehension, dread or uneasiness similar to fear but based on an unclear threat

Word Bank

racing heart
major stress
Agoraphobia
sedative

Trembling
Deep Breaths
anxiety
nervousness

muscle twitches
unhappy
Therapy
Antidepressant

triggered
fatigue
Depersonalization
Social Anxiety