

Date: _____

[illegible]

5. The act or process of nourishing or being nourished

6. Eating style in which only plant food is consumed

7. The unit used to measure energy

8. A feeling of fullness

9. Eating style in which both plant and animal foods are consumed

10. The complete, physical, mental, and social well-being

1. Any form of body movement

2. Bad nutrition. Too little or too much nutrient intake

3. The need for food

4. Diet of which different foods are used for the same purpose