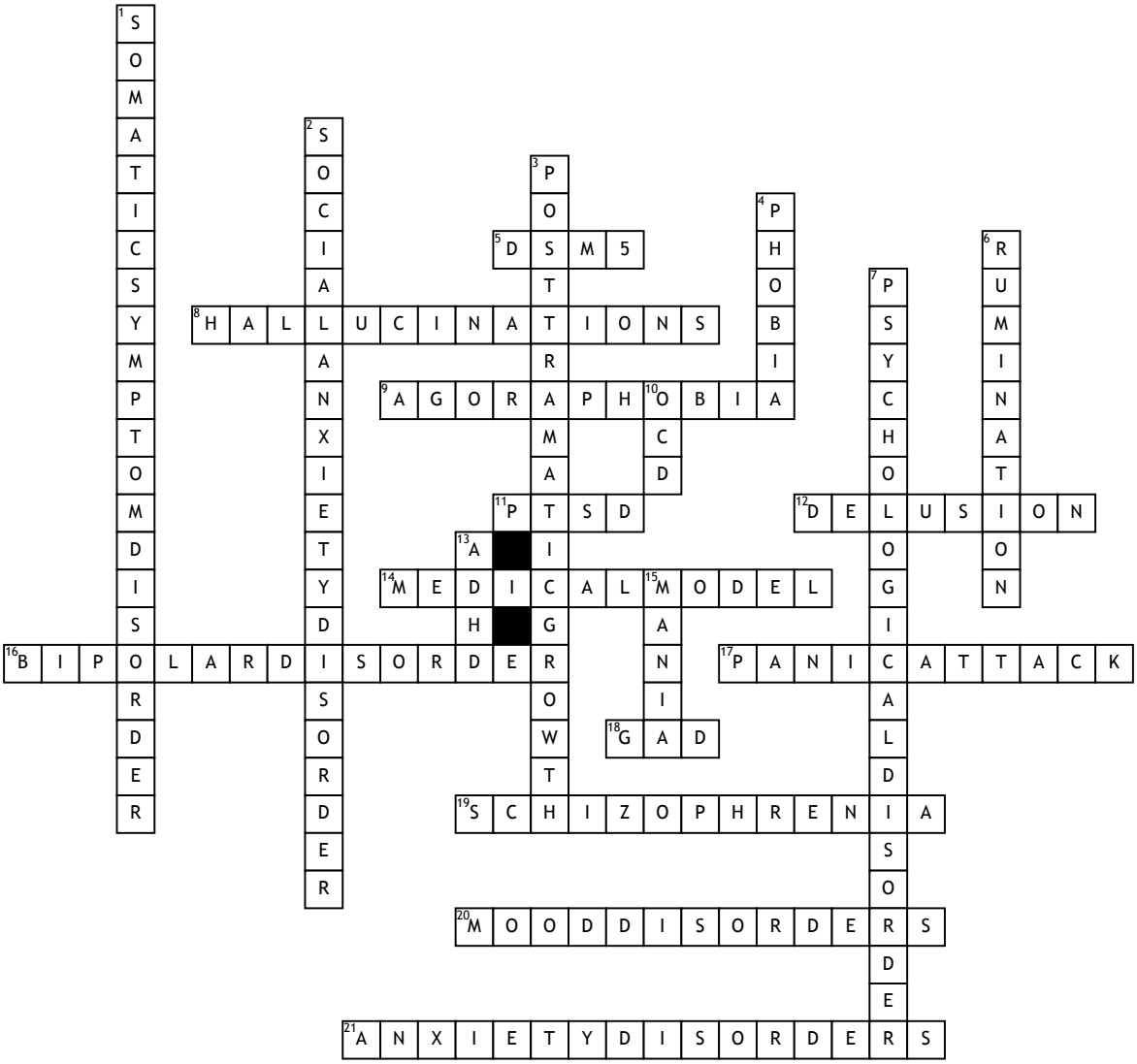
Name: _____ Date: _____ Period: _____

Abnormal Psychology Terms



Across

5. a widely used system for classifying psychological disorders

8. false sensory experience

9. fear or avoidance of situations where one has felt loss of control and panic

11. haunting memories, nightmares, social withdraw, jumpy anxiety, numbness of feeling and/or insomnia that lingers for 4+ weeks after a traumatic experience

12. false beliefs

14. concept that diseases have physical causes that can be diagnosed, treated, and in most cases cured, through treatment in hospital

16. a person alternates between depression and mania

17. anxiety disorder marked by unpredictable, minutes-long episodes of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations

18. anxiety disorder in which a person is continually tense, apprehensive, and in a state of autonomic nervous system arousal

19. delusions, hallucinations, disorganized speech, and/or diminished or inappropriate emotional expression

20. psychological disorder characterized by emotional extremes

21. psychological disorders characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety

Down

1. symptoms take a somatic form without apparent physical cause

2. intense fear of social situations leading to avoidance of such

3. positivepsychological changes as a result of struggling with extremely challenging circumstances

4. persistant, irrational fear and avoidance of a specific object, activity, or situation

6. compulsive fretting

7. a syndrome marked by a clinically significant disturbance in an individuals cognition, emotion, regulation, or behavior

10. unwanted repetitive thoughts and/or actions

13. a psychological disorder displaying one or more symptoms of extreme inattention, hyperactivity, and impulsivity

15. mood disorder characterized by a hyperactive, wildly optimistic state