

Name: _____

Healthy Lifestyle Word Search

CHOLESTEROL
GOODHYGIENE
MEDITATION
VEGETABLES
EATHEALTHY
HEARTRATE
NUTRITION
EXERCISE
CHECKUPS
ACTIVITY
JOGGING
FITNESS
AEROBIC
WEIGHT
ENERGY
WATER
SLEEP
RELAX
GOALS
FRUIT
WALK
DIET
BMI
RUN



T	W	I	G	O	O	D	H	Y	G	I	E	N	E	B	Q	X
E	X	X	Q	R	U	N	B	F	L	B	B	V	G	P	K	H
I	C	K	L	A	W	V	W	O	D	M	A	L	T	E	N	E
D	Z	Y	T	I	V	I	T	C	A	I	F	X	C	E	C	A
V	T	E	N	O	I	T	I	R	T	U	N	R	D	L	A	R
E	X	H	K	E	Y	R	E	V	M	L	S	G	D	S	C	T
G	R	I	G	L	A	N	S	E	H	S	A	O	I	H	S	R
E	E	E	F	I	K	T	D	I	E	R	N	A	O	C	G	A
T	T	J	I	D	E	I	H	N	R	S	Z	L	Y	H	O	T
A	I	O	M	O	T	W	T	E	E	W	E	S	A	E	K	E
B	U	G	J	A	F	I	T	X	A	S	H	E	V	C	Y	S
L	R	G	T	F	F	A	E	J	T	L	R	L	D	K	Y	Q
E	F	I	K	Z	W	R	T	E	C	O	T	R	D	U	I	Q
S	O	N	G	R	C	A	R	Y	B	M	E	H	O	P	U	B
N	T	G	R	I	T	O	H	I	T	L	B	C	Y	S	X	N
Q	E	O	S	D	L	W	C	P	A	P	Y	G	R	E	N	E
Q	Q	E	F	P	E	J	G	X	J	S	W	P	R	V	A	P