

Name: _____

HEALTHY LIFESTYLE WORD SEARCH

T W I G O O D H Y G I E N E B Q X
E X X Q R U N B F L B B V G P K H
I C K L A W V W O D M A L T E N E
D Z Y T I V I T C A I F X C E C A
V T E N O I T I R T U N R D L A R
E X H K E Y R E V M L S G D S C T
G R I G L A N S E H S A O I H S R
E E E F I K T D I E R N A O C G A
T T J I D E I H N R S Z L Y H O T
A I O M O T W T E E W E S A E K E
B U G J A F I T X A S H E V C Y S
L R G T F F A E J T L R L D K Y Q
E F I K Z W R T E C O T R D U I Q
S O N G R C A R Y B M E H O P U B
N T G R I T O H I T L B C Y S X N
Q E O S D L W C P A P Y G R E N E
Q Q E F P E J G X J S W P R V A P

MEDITATION CHOLESTEROL BMI HEARTRATE WEIGHT WATER WALK
VEGETABLES SLEEP RUN RELAX NUTRITION JOGGING GOODHYGIENE
GOALS FRUIT FITNESS EXERCISE ENERGY EATHEALTHY DIET
CHECKUPS AEROBIC ACTIVITY