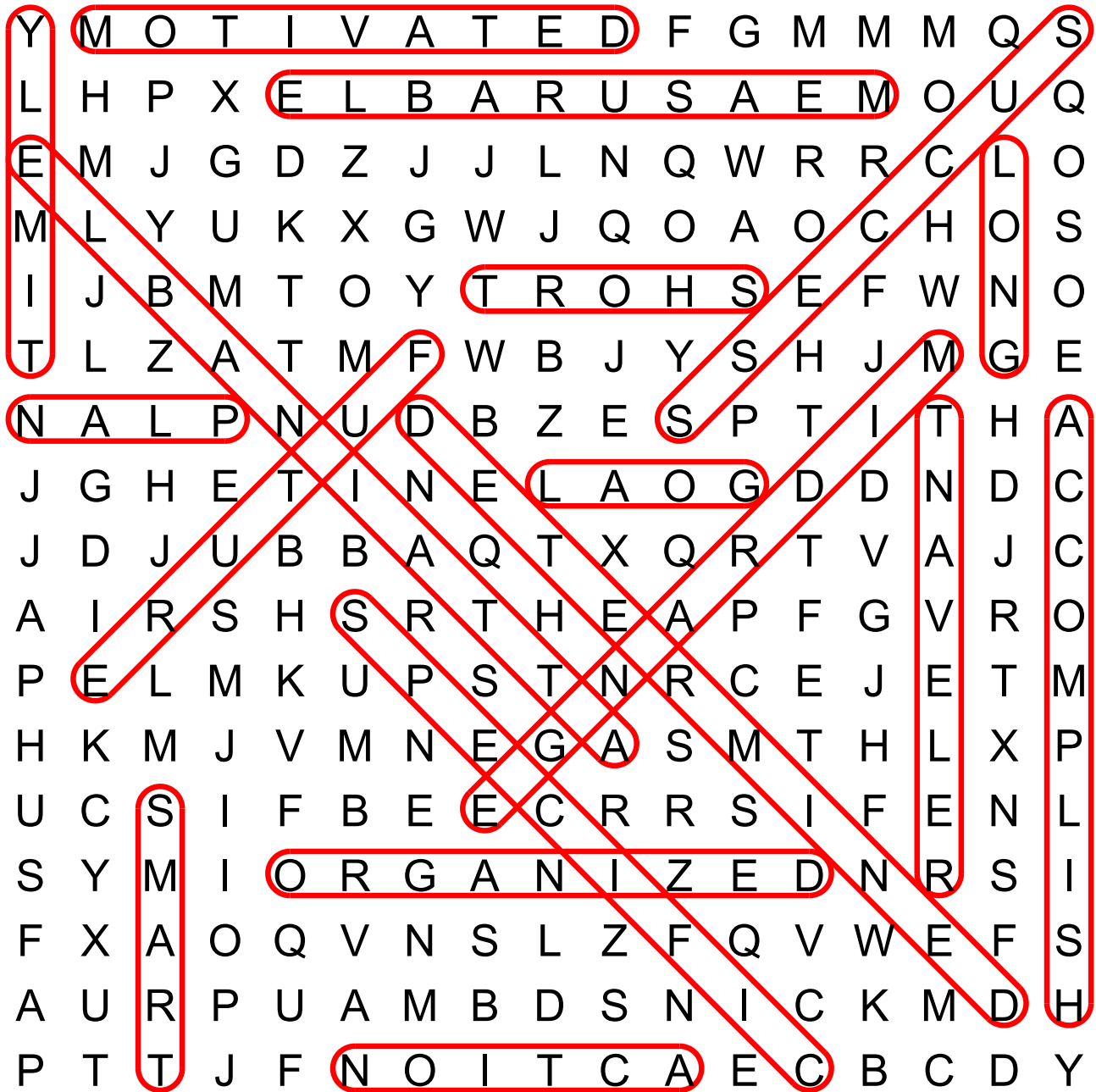


# Goal Setting



Accomplish  
Mid-range  
Specific  
Timely  
Long

Attainable  
Motivated  
Success  
Short  
Plan

Determined  
Organized  
Action  
SMART

Measurable  
Relevant  
Future  
Goal